

# RITE UP

2015 :: ISSUE 2

*Celebrating the Gift of Gratitude*

TREASURE STREET



TSRHC's signature event was started 20 years ago by a family with one goal – *giving back.*



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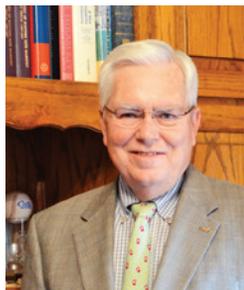
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A MASONIC CHARITY

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**Pictured on front cover:** Dee and Dodge Carter with their children, Nicole (center), Mack (back row, left) and J. Dodge

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# Letter from the President



**ROBERT L. WALKER**  
TSRHC President/CEO

**WHEN YOU HAVE THE PLEASURE OF WORKING AT A PLACE LIKE TEXAS SCOTTISH RITE HOSPITAL FOR CHILDREN** you have some incredible experiences. One thing that never ceases to amaze us is the generosity of our patients and their families. Their desire to give back to the hospital is one of the greatest compliments we can receive.

A number of years ago, a family motivated by gratitude for the treatment their daughter received at Scottish Rite started a small, annual auction of “treasures” to benefit the hospital. The thoughtful gesture of patient parents Dee and Dodge Carter, along with their friends and family, grew to what has now become the hospital’s signature event, Treasure Street. **On October 15, we will celebrate the event’s 20th anniversary.**

We are also fortunate to have a strong group of volunteers who support the hospital. Their contributions are critical to our day-to-day operations, as they comprise nearly half of our team. **Our volunteers are a diverse group brought together by a shared commitment to serving the hospital’s patients and families.**

*TSRHC volunteer and former patient Lenard Davis enjoys escorting patients like Claudia, age 12, of Fort Worth, and her mom, Margaret, to clinic appointments.*

It’s especially touching when we see former patients like Lenard Davis contributing his time as a hospital volunteer. Lenard became a patient at TSRHC when he was 8 months old. These days he enjoys sharing his signature smile at our appointment desk. This spring, Lenard received his five-year volunteer award and reached the 5,000-hour mark in service to TSRHC. That is an incredible achievement!

We are proud to have such dedicated individuals, like Lenard, greeting patient families, lending a helping hand and serving as ambassadors for TSRHC. **If you have an interest in making a difference as a hospital volunteer, we encourage you to visit our website at [tsrhc.org/volunteer](http://tsrhc.org/volunteer) to learn more about the opportunities available to you.**

We greatly appreciate the generosity of our patient families, volunteers and all of our donors who make it possible for the hospital to “give back” to our patients — and for that, we are grateful indeed.





## Many Ways to Give



Volunteers dedicate their time, talent and more to TSRHC.

**THERE ARE MANY WAYS TO SUPPORT TSRHC.** An amazing crew of smiling faces in bright red jackets represents one crucial way — volunteering. Volunteers are an essential element to the operation of the hospital. They make up nearly 50 percent of the team, allowing TSRHC to serve more children and their families than would ever be possible otherwise.

Volunteers pop popcorn, work in the clinics and help make TSRHC such a special place. Members of this caring group come in all forms. From young professionals to retirees to the teens in the Bernice and Brudus Meyerson Junior Volunteer Program, there is a place at the hospital for anyone who wants to make a difference.

In addition to donating their time, volunteers raise funds through bazaars, proceeds from the hospital Gift Shop and popcorn sales. Last year volunteers raised nearly \$150,000 for TSRHC.

One volunteer who made her mark on Scottish Rite was Patricia “Pat” Jaeger. For seven years, Pat devoted her time, energy and love to the outpatient area. When Pat passed away last summer, the hospital lost a dear member of its family. However, she had one last act of selfless generosity up her sleeve. She named TSRHC as the sole beneficiary of her estate. Pat’s incredible gift ensures that her legacy of giving will live on and help provide care for the children she loved so much. ○

*Pictured above, L to R: Evening volunteer Thy Hoang, Bernice and Brudus Meyerson Junior Volunteer Frankie and daytime volunteer Joni Deibel enjoy the camaraderie of the annual Summer Volunteer Bazaar.*



*Former TSRHC volunteer and donor Pat Jaeger*

*For information about becoming a volunteer, visit [tsrhc.org/volunteer](http://tsrhc.org/volunteer) or call (214) 559-7825 or (800) 421-1121, ext. 7825. For planned giving inquiries, visit [tsrhc.org/give](http://tsrhc.org/give) or call (214) 559-7886 or (800) 421-1121, ext. 7886.*

## Celebrating a Team on a Mission



**DANIEL J. SUCATO, M.D., M.S.**  
TSRHC Chief of Staff

### **THIS SPRING, WE HAD MANY MILESTONES AND ACHIEVEMENTS TO CELEBRATE AT TSRHC.**

While there have been noteworthy individual accomplishments, each member of the medical staff contributes to the greater whole. We are a team at Texas Scottish Rite, first and foremost. We rely on each other, we support each other and we are drawn together

by a mission — to improve the lives of children with orthopedic conditions.

Our team served that mission well during the annual Pediatric Orthopaedic Society of North America (POSNA) meeting in May. **This year's event held a special significance for TSRHC as our own Lori A. Karol, M.D., was named the first woman president of POSNA.** We could not be more proud of Dr. Karol in receiving this well-deserved recognition.

The scientific program at POSNA is comprised of abstracts chosen from hundreds of submissions and TSRHC was well represented. **TSRHC physicians made 27 presentations at POSNA's annual meeting and former TSRHC fellows presented 41 lectures.** Our strong showing at this meeting continues to help improve the care of children and assures our stature

in the world of pediatric orthopedics next to the likes of Children's Hospital of Philadelphia and Boston Children's Hospital.

In June, the 37th annual Brandon Carrell Visiting Professorship was hosted at TSRHC, at which the latest findings and emerging topics in pediatric orthopedics were presented. **The visiting professor this year was John Herzenberg, M.D.** He is director of Pediatric Orthopedic Surgery, the International Center for Limb Lengthening and the Rubin Institute for Advanced Orthopedics at Sinai Hospital in Baltimore, Md.

We were pleased to have a physician of Dr. Herzenberg's caliber participate in our conference and recognize the level of work being performed at TSRHC. It is a level of expertise achieved through the united effort of talented, dedicated TSRHC medical experts. We celebrate each milestone and accomplishment that serves our mission in the same way it was achieved — **as a team.**



*Brandon Carrell Visiting Professor John Herzenberg, M.D., of Sinai Hospital in Baltimore, Md.*

### ⋮ TSRHC PIONEER



### **Samson Wiener** | 1907 – 1986

**SAMSON WIENER** was born in Shreveport, La., in 1907. In 1932, he moved to Dallas where he and his father founded Wiener Lumber Company. The company earned a reputation for quality products and for its knowledgeable and helpful staff.

As a Mason, providing service to others came naturally to Wiener. Shortly after establishing the lumber business, Wiener became active with TSRHC. His first task was reading stories to patients at the hospital, where he could be found scrunched into a child-sized chair, changing his voice to act out stories to his attentive audience.

Soon Wiener became involved on the volunteer board, became a trustee, then president and finally vice-chairman of the TSRHC Board of Trustees. He would claim his proudest achievement at TSRHC was overseeing the

construction of the hospital's new building, which opened in 1977.

The Scottish Rite Masons awarded Wiener with the rank of 33rd degree for his service to Masonry and his nearly 45 years of dedicated service to the hospital.

In 1985, the hospital recognized Wiener for his commitment as well with the Volunteer of the Year Award, which was established in his name. The Samson Wiener Volunteer of the Year Award is presented annually to an individual or group who has demonstrated exemplary commitment to the patients of TSRHC.

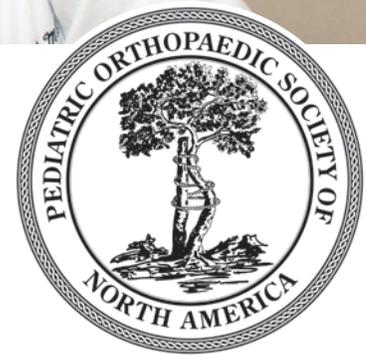
Wiener passed away in 1986, but his legacy lives on through this award as well as his family's enduring support of TSRHC. ○



Lori A. Karol, M.D., with  
TSRHC patient Dalaina,  
age 10, of Weatherford

## TSRHC Assistant Chief of Staff Becomes First Woman to Lead POSNA

Lori A. Karol, M.D., steps into presidency role at the Pediatric Orthopaedic Society of North America Annual Meeting



**FRIDAY, MAY 1, MARKED A HISTORIC MOMENT AS LORI A. KAROL, M.D.**, TSRHC assistant chief of staff, became the first woman president of the Pediatric Orthopaedic Society of North America (POSNA) in its 44-year history. She accepted the appointment at the organization's annual meeting in Atlanta.

Karol is a staff orthopedic surgeon at TSRHC and medical director of the hospital's Performance Improvement and the Movement Science Laboratory. In 2011, she won the Arthur Huene Memorial Award from POSNA for published research on clubfoot and served as the group's president-elect for 2014-15.

She earned her undergraduate and medical degrees from the University of Michigan and completed her fellowship in pediatric orthopedics and scoliosis at TSRHC in 1991. Karol joined the hospital staff in 1994. She is the third TSRHC surgeon to lead POSNA. John A. "Tony" Herring, M.D., chief of staff emeritus, and B. Stephens "Steve" Richards, M.D., chief medical officer, are past presidents.

"I am immensely honored to be selected to serve as president of POSNA this year, and even more so to serve as

the first woman president of our organization," Karol says. "When I trained as an orthopedic surgeon, I was the only woman in my program for many years. Now, 40 percent of our newest members are female. As the mother of three daughters, I want them to have the opportunity to serve as leaders in their careers someday."

"Dr. Karol is a world-class surgeon who cares deeply about the children she treats," said TSRHC Chief of Staff Daniel J. Sucato, M.D., M.S. "Her leadership in pediatric orthopedics is a great example for other physicians to follow."

In addition to assuming the role of POSNA president at the conference, Karol also received an award for the best clinical paper. The paper was titled, "The Effect of Compliance Monitoring on Brace Use and Success in Patients with Adolescent Idiopathic Scoliosis: A Final Report." TSRHC staff members Donald Virostek, C.P.O., Kevin Felton, C.O., and Lesley Wheeler contributed to the paper.

"We are very active in the education of orthopedic surgeons, in advocacy for our pediatric orthopedic patients and in research to improve treatment outcomes for the children we care for," Karol says. ○

## TSRHC Research Team Discovers a Genetic Factor that Predisposes Girls to Idiopathic Scoliosis

A TSRHC RESEARCH TEAM, LED BY CAROL WISE, PH.D., director of Molecular Genetics, recently identified a genetic link to female idiopathic scoliosis that may help explain why scoliosis is more prevalent in girls than boys. This study is the first to define a genetic factor explaining the female predisposition to this condition, marked by a “C” or “S” shaped curvature of the spine that usually affects growing adolescents.

Idiopathic scoliosis is the most highly referred condition to TSRHC. Through the hospital’s Sarah M. and Charles E. Seay/Martha and Pat Beard Center for Excellence in Spine Research, researchers are constantly discovering more about the root causes of the condition.



Carol Wise, Ph.D.

Wise’s team made headlines in 2007 with the discovery of the first gene linked to idiopathic scoliosis. Since then, the research group has led or collaborated in other studies that have identified additional genetic risk factors for

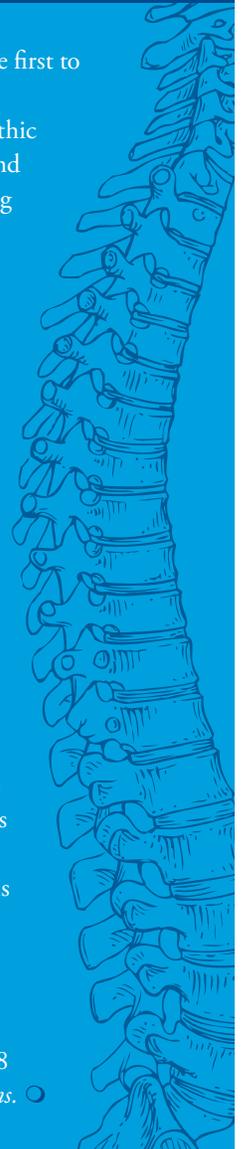
idiopathic scoliosis. Their latest study is the first to explore another long-debated question.

“One of the mysteries is, ‘Why is idiopathic scoliosis biologically different in females and males?’” Wise says. “For children requiring surgery, the ratio is 10 girls to one boy.” Pursuit of answers led to the discovery of a gene regulator called the *PAX1* enhancer locus.

“We found that a regulator of the *PAX1* gene is specifically associated with female idiopathic scoliosis, a discovery that is exciting because we know that *PAX1* is important in early spine development,” Wise says. “This is the first detailed study to establish this genetic cause, and by following this lead, we will understand why the condition is affecting girls so much more prominently than boys.”

The next steps will be to research the role of this genetic factor further and also to identify the causes of idiopathic scoliosis in males.

The *PAX1* study involved collaborations with scientists at the University of Texas Southwestern Medical Center, Rutgers University in New Jersey, University of California San Francisco and RIKEN in Japan, and was published in the March 18 issue of the journal *Nature Communications*. ○



## TSRHC Welcomes New Hand Surgeon

TSRHC WELCOMES PEDIATRIC ORTHOPEDIC HAND SURGEON CHRISTOPHER STUTZ, M.D., to the hospital’s Charles E. Seay, Jr. Hand Center. Stutz was born in Wichita Falls, Texas, and earned his medical degree from the University of Texas Health Science Center in 2005.

He completed a general surgery internship, followed by an orthopedic and rehabilitation residency at Vanderbilt University Medical Center in Nashville, Tenn., and a hand and microvascular fellowship at Washington University in St. Louis.

In addition, Stutz completed a six-month fellowship in TSRHC’s hand center in January 2012. Before joining the hospital’s staff full time this spring, he worked at Vanderbilt University Medical Center.

Stutz is a candidate member of the American Society for Surgery of the Hand, the American Academy of Orthopaedic Surgery, and a member of the Pediatric Orthopaedic Society of North America. ○



“It’s great to return to Texas Scottish Rite and be part of a team that excels in taking care of children with upper limb differences,” says Christopher Stutz, M.D.

# Celebrating the Gift of Gratitude

TSRHC's signature event was started 20 years ago by a family with one goal – *giving back.*



By  
Ruth Ann Hensley

**ON A CRISP SPRING EVENING IN 1996, DALLAS RESIDENTS DEE AND DODGE CARTER** gathered close friends and family around their dining table with a mission in mind. They were exploring ways to give back to TSRHC's Tuberous Sclerosis Complex clinic, where their daughter, Nicole, was being treated. That intimate brainstorming session led to a small gathering at the hospital later that year, where

guests donated a “treasure” to be auctioned on behalf of the clinic. Treasure Street was formed and would ultimately become the hospital's signature fundraising event, benefiting all TSRHC patients. This year hospital friends, patients and staff celebrate the event's 20th anniversary and perhaps the greatest treasure of all — the gift of gratitude.



*Treasure Street has grown from its humble beginnings to a major event with more than 1,000 hospital friends attending each year.*

**OCTOBER 23, 1993**, a date Dee can rattle off like her phone number. It was the day 11-month-old Nicole was diagnosed with Tuberous Sclerosis Complex (TSC), a rare genetic disorder that causes noncancerous (benign) tumors to form in the vital organs of the body, primarily the brain, heart, kidney, skin and lungs.

“We were at Children’s Medical Center when the doctor gave us the diagnosis,” Dee recalls. “He let us process it a little bit and then told us about the TSC clinic at Scottish Rite and said, ‘You need to get her over there.’”

Mauricio Delgado, M.D., TSRHC director of Neurology, founded the hospital’s TSC clinic in 1990, along with former Children’s and TSRHC neurologist E. Steve Roach, M.D. Although pediatric orthopedics is the specialty, TSRHC treats certain related neurological disorders. The hospital’s TSC clinic was one of the first clinics of its kind in the country and has served as a national model for those that followed.

“The complexity of this disorder led us to organize a dedicated TSC clinic where we could gather relevant clinical information through a standardized approach,” explains Delgado, who became Nicole’s physician.

The clinic played a key role in creating a national database of TSC patients, which is overseen by a national organization called the Tuberous Sclerosis Alliance.

.....

*“We were so grateful for what the hospital was doing for our daughter and for us,” Dee says. “We wanted to find a way to give back.”*

.....

The hospital’s TSC clinic also conducted a landmark study with the University of Texas Medical School at Houston, which isolated two causative genes associated with the condition.

“The financial support from Treasure Street played a critical role in our genetic testing,” says Steven Sparagana, M.D., who joined TSRHC in 1994 and became director of the TSC clinic in 2001. “Now we know the mechanism by which the disease occurs.”

In TSC, that mechanism is a mutation, or change, in one of two genes, *TSC1* or *TSC2*. When either of these genes carries a mutation, it is unable to inform the body how to grow correctly, which affects proper development and function in children with TSC.

*Continued on next page.*



*The first Treasure Street was held in 1996 and this group has been there from the beginning. L to R: TSRHC President/CEO Robert L. Walker and his wife, Pat; Dee and Dodge Carter; TSRHC Trustee Harold Carter and his wife, Bitsy; Margaret and Syd Carter; Lark Montgomery and her husband, TSRHC President Emeritus and Foundation Executive Chairman J. C. Montgomery, Jr.*

## Celebrating the Gift of Gratitude, cont.

“This condition is complex and it exhibits differently in every patient,” Sparagana explains. “An accurate diagnosis is key and from there, finding a cure remains our ultimate goal.”

“There’s so much that we’ve come to know about the disease, but there’s still so much that is unknown,” Dodge explains. “There’s a huge level of comfort in knowing that you’re with the experts at Scottish Rite, because it’s not just the patients the hospital cares for, it’s the families as well.”

Funds from Treasure Street continue to meet the needs of the TSC clinic, in addition to supporting the hospital as a whole. Twenty years, thousands of guests and \$11 million in gross proceeds later, the event has exceeded all expectations.

“We never dreamed it would come this far,” Dee says. “We’re so grateful for the generosity of the community and our friends. The success of the event speaks to them, and to the hospital. It’s touched so many lives.”

The Carters explain that Treasure Street is a celebration of the hospital and those who support it, like Dee and Dodge’s parents.

“They’ve been with us from the beginning,” Dee says. Her mother, Bitsy, and father, Harold, a TSRHC trustee,

are active on the Treasure Street board, as are Dodge’s parents, Margaret and Syd. Dee and Dodge are also grateful for the involvement of friends like longtime event board members Kammy and Andy Fleck.

“Part of the joy now is that we have a host committee that is comprised of our kids,” Dodge says. “So, the families involved in this event have gone full circle and now we’re establishing a foundation for the future.”

“It’s the little things we’re grateful for, too,” Dee says. “Nicole has never been afraid to go to Scottish Rite and that means so much, to bring your child to a place where they aren’t afraid to be.”

It’s that gratitude for the small things that has culminated in big things, like celebrating the 20th anniversary of Treasure Street this fall on Thursday, Oct. 15. There will be fabulous food, live music and, of course, treasures to bid on at both silent and live auctions. But as the Carters know firsthand, there are some treasures upon which you cannot put a price.

“What can you do for an institution like Scottish Rite that does everything it can to help your child?” Dodge asks. “You can’t repay that. But our goal from the beginning has been to tell people about the hospital and it’s a story we feel blessed to tell.” ○

## Treasure Street Event Milestones



**1996**  
First Treasure Street event held at TSRHC

**1999**  
Treasure Street reaches \$1 million goal in support of the TSC clinic

**2004**  
Event proceeds help establish national TSC patient database

**2007**  
Treasure Street becomes TSRHC’s signature event

**2010**  
First time in event history to surpass \$1 million in fundraising

**2011**  
Event celebrates TSRHC’s 90th birthday



**2015**  
Treasure Street celebrates its 20th anniversary



L to R: 2015 Accessible Luxury Honorary Chairmen Stephen Giles and Clarice Tinsley with Event Chairman Jackson



2016 Accessible Luxury Chairmen Emily and Buck Branson

Sofia Michelle Ansari and Basit Amr Ali, D.O., DFW Wound & Hyperbarics, PA



Model from Campbell-Wagner Runway, LLC

ACCESSIBLE

# LUXURY

**HIGH FASHION, FAST CARS AND FABULOUS**

**FOOD** make Accessible Luxury the most stylish event on the TSRHC social calendar. Honorary Chairmen Clarice Tinsley and Stephen Giles and Event Chairman Jackson made this year's event truly memorable. Special thanks go to presenting sponsors ETIHAD and Dallas/Fort Worth International Airport. Thanks also go to the event's elegant venue, Park Place Premier Collection, as well as Eiseman Jewels NorthPark Center, Beretta and the exclusive retailers of Highland Park Village. TSRHC is grateful to all who made this event a success. ○

Below:  
Representing  
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Airways,  
L to R: Brett  
Anderson,  
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and Vincent  
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## Central Texas Golf Classic

**EIGHT YEARS AGO**, former Tartan Golf Classic board member Jerry Gray had a vision to start a golf tournament in Austin to raise awareness and support for TSRHC in Central Texas. Today the tournament, held at the University of Texas Golf Club, has raised almost \$1 million for the hospital. ○

1. L to R: CTGC Chairman John Pigg\*, Ashley Pigg and Hank Rothell, Jr.\*



1

2



2. Former TSRHC patient Case McCoy and TSRHC patient Claire, age 17, of Austin

3. L to R: Lanny Kromer\*, CTGC Honorary Chairman Jerry Gray\*, J. C. Montgomery, Jr.\* and Mary Lou Kromer\*

\*CTGC Board Member



3



1

2



1. Color of Friendship Luncheon hosted at TSRHC  
2. Guest speaker Amy McIntosh, M.D., TSRHC staff orthopedist  
3. L to R: Lori Turpin, Helen Mann and Anne Hill

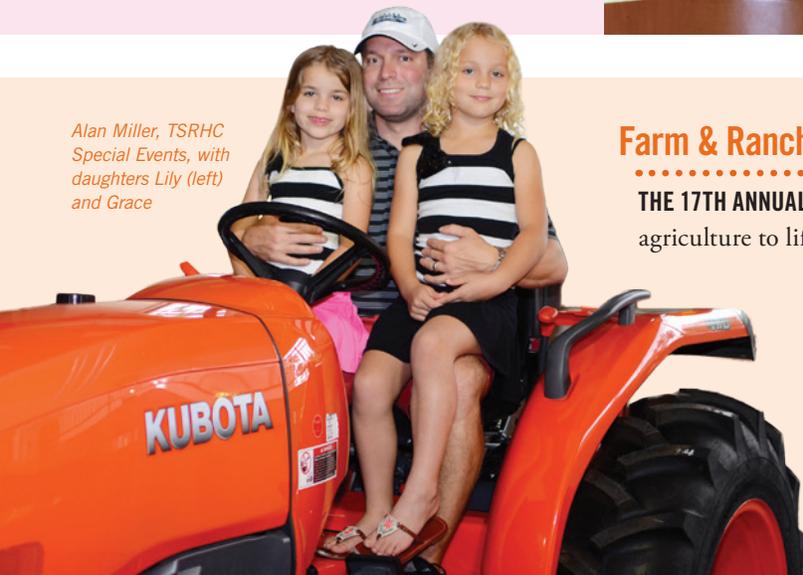
## Color of Friendship Luncheon

**FOR THE PAST FIVE YEARS, THE COLOR OF FRIENDSHIP LUNCHEON** has brought women together in celebration of the hospital. This year, 140 ladies lunched at the hospital and learned about its mission. We are thankful to call this colorful group of women, friends of TSRHC. ○

3



Alan Miller, TSRHC Special Events, with daughters Lily (left) and Grace



## Farm & Ranch Day

**THE 17TH ANNUAL FARM & RANCH DAY** brought Texas agriculture to life. From chicks to horses and everything in between, Farm & Ranch Day delivered all the wonders of the country to TSRHC patients and children in the local community. ○

TSRHC patient Callie, age 7, of Keller





## Crayon Club Crawfish Boil

**CRAWFISH, POTATOES AND CORN, OH MY!** The third annual Crayon Club Crawfish Boil brought young professionals to Rodeo Goat in the Design District for food, fun and fundraising for the hospital. Everyone enjoyed the Cajun feast, while supporting TSRHC. ○

1. L to R: Graelyn Glazier, Amanda Ethridge, Donna Brett, Christine Brett, Cheryl Feldmaier and Jake Ethridge

2. L to R: Cameron Ongena, Caroline Pinkston and Ford Binning

Join us at the hospital to learn more about

# CRAYON CLUB

volunteerism · education · philanthropy

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**Thursday, Aug. 20 • 6 p.m.**  
 Tour • Dinner • Speaker

RSVP at [CrayonClub@tsrh.org](mailto:CrayonClub@tsrh.org)



## Tartan Golf Classic

### HOSPITAL FRIENDS SHOWED THEIR SUPPORT

**FOR TSRHC** at the 29th annual Tartan Golf Classic, Monday, May 11, at Brook Hollow Golf Club in Dallas. This year's event made more than \$220,000. The total proceeds for the tournament are now more than \$5.7 million. ○



1. Jeff Heller and TSRHC Trustee Harold Carter

3. Elizabeth and Artie Starrs\* with their son, Arthur

2. L to R: Tartan Honorary Chairman Winfield Padgett\*, TSRHC Director of Community Relations Peggy Meyer\*, Mark Moussa\*, Terry Smith, TSRHC Vice President of Development Stephanie Brigger\* and Larry Dale\*

4. L to R: Leo Corrigan, III, 2015 Tartan Chairman Billy McBee\*, Leo Corrigan, IV and Andrew White\*

\*TGC Board Member





## Building Bright Futures

☰ TSRHC Trustee Sonny Tull reminds us that we have tremendous resources to offer when we give of our time and from our heart.

**TSRHC TRUSTEE H. F. “SONNY” TULL** has a kind smile, blue eyes that sparkle when he talks about family and weathered hands, which he earned from 35 years in the construction remodeling business. He explains that his pockets aren’t deep, but he has a wealth of dedication and he shares it freely. These days he works in a different kind of construction — building bright futures for graduating high school seniors as well as the patients of TSRHC.

Tull is a native Texan. He was raised and married in Fort Worth and raised a family of his own there, too.

“It’s a place where a handshake still means something,” Tull says.

One fateful day in the Fort Worth Polytechnic High School cafeteria he shook hands with a “good looking” girl named Kathy.

That introduction was the beginning of a lifelong love and the two wed after high school. The pair had a son and a daughter a short while later. The couple celebrated

their 48th anniversary this June. Do they have plans for their 50th?

“Just to make it,” Kathy laughs.

Shortly after their wedding, Tull began working for a construction remodeling company in 1968, which his father had started. He learned the business hands-on and took it over in 1984, when his father retired.

“I’m a paper hanger from way back,” he says.

Despite his work schedule, Tull made time for family activities. He and Kathy shared a love of dancing that eventually led them to join the Texas Traveler Cloggers. In the late ‘70s through the mid-‘80s, the group performed at the Grapevine Opry, the Nashville Opry and had numerous television appearances.

In fact, it was a fellow clogger that introduced Tull to Masonry in 1983.

“We were discussing it and the next thing you know, I was signing up,” he says. “Masonry was what I was

looking for all those years and didn't know it."

Tull enjoys the fellowship and civic commitment that Masonry embodies. In 2004, he quit climbing the ladder – literally – and accepted the role of general secretary of the Fort Worth Scottish Rite.

"The secretary has to be a take-charge person who gets things done," he explains. "It's rewarding. Almost every day, people call asking about the hospital."

Tull became a TSRHC trustee in 2003. From donating blood on behalf of patients to telling the hospital story every chance he gets, Tull knows the meaning of dedicating resources.

"I never had a lot of money," he says, "but one of the things I *did* have to give was my time and I enjoy giving it to an amazing place like the hospital."

Tull dedicates a lot of time to the largest annual event the Fort Worth Scottish Rite hosts each year, which is named after a forefather of Texas, and Texas Masonry, Anson Jones. The event honors a Texas citizen who has exhibited the highest levels of humanitarianism, social consciousness and awareness.

Another major highlight of the event is when 60 high school seniors from the surrounding 35-county area are each awarded a \$1,000 college scholarship. Funds are

raised for TSRHC as well. Since the program started 25 years ago, the Fort Worth Scottish Rite has presented more than \$1.4 million in scholarships and donated more than \$300,000 to the hospital.

"Knowing how much joy he gets out of what he does in Masonry, it's a wonderful thing to see," Kathy says.

As busy as they are, the former clog dancers still find time to enjoy things together, like watching their grandchildren grow up, staying active in church and traveling on cruises.

When asked what her husband's legacy might one day be, Kathy

answers without hesitation, "That he was always there to help somebody." ○



TSRHC Trustee Sonny Tull with his wife, Kathy

## Patient Shares Lessons Learned in Moving Speech About "Happiness"

**WHAT IS HAPPINESS?** TSRHC patient Anika, age 18, of Lewisville, has been winning awards for her thought provoking take on the subject.

In the latest triumph for her dramatic speech, "Happy," the Lewisville High School senior competed in the National Speech and Debate Association's annual National Tournament that was held in Dallas this summer. Anika was one of only two North Texas students to qualify in the Original Oratory category.

Earlier this year, she delivered the speech, which cites studies and other published observations about happiness, to TSRHC's orthopedic staff.

Six years ago, Anika moved with her family from Bangladesh "for a better life," she says, including medical care at TSRHC. She has

cerebral palsy and has been treated at the hospital for related orthopedic conditions.

The speech begins with Anika's observation that from birth, the people closest to us "are blessing our futures with happiness and prosperity." But what shape does that happiness take? She ponders whether what makes us happy is success, money, the latest technology and other "new ways of living easy" or a deeper inner satisfaction.

Anika's own sense of happiness was shaken by a personal tragedy she outlines in the speech. "Step back, smell the roses, hug a little," she says in closing. "And remember, it's never too late to be happy."

To see a video of Anika's speech, visit [tsrhc.org/anikaspeech](http://tsrhc.org/anikaspeech). ○





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TSRHC patient Ellie, age 16, of Flower Mound

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