Going to Great Lengths
Pioneering Treatments for Children with Limb Length Discrepancies
In This Issue

2 DONOR SPOTLIGHT
Sculpting Magical Moments
The Dr. Bob and Jean Smith
Children’s Sculpture Garden
at Scottish Rite Hospital

6 COVER FEATURE
Going to Great Lengths
Scottish Rite Hospital physicians
and researchers go the distance
to pioneer advanced treatment
methods for children with limb
length discrepancies.

12 TRUSTEE PROFILE
A Will to Give
Trustee Robert L. Dillard III was raised with a commitment
to serve others, like the patients of Scottish Rite Hospital.
AS A WORLD-RENOWNED PEDIATRIC ORTHOPEDIC HOSPITAL, Texas Scottish Rite Hospital for Children has been fortunate to receive many accolades and awards. It is particularly meaningful when we are recognized for our commitment to delivering excellence in patient care.

For the second year in a row, the hospital received Pathway to Excellence awards from the National Research Corporation. We were one of two children’s hospital in the country to be recognized as a top performing hospital by our patients on the Overall Hospital Rating for Children’s Hospitals. We also received an award for the Most Improved Overall Hospital Rating for Children’s Hospitals. As grateful as we are for this distinction, delivering the highest level of patient-centered care is its own reward and our number one priority.

As we respond to changes in our country’s health care delivery model, staff has been diligently preparing for the implementation of Epic, an electronic medical record system. Epic will have a positive impact on the quality of care we provide our patients and increase our ability to communicate with patients and providers regarding their medical care. This has been a multi-year effort and our staff is to be commended for their commitment to this tremendous accomplishment.

We are excited to announce the October 19th groundbreaking of our new facility in Frisco, one of the fastest growing areas in the country. The planning process began several years ago with the opening of an interim location in Plano where we have had the opportunity to serve many patients and families. In addition to surgical services, all services currently offered at our Plano location, including sports medicine, sports therapy, a fracture clinic, a hand clinic and general orthopedic services will be relocated to the Frisco facility upon opening in 2018. More details can be found on page 13.

For nearly 95 years, the hospital has been blessed with friends, staff and volunteers, and a Board of Trustees committed to our mission. We enter the future with a spirit of hope and humility, and a sense of responsibility to keep our patients at the center of our efforts and set a standard to elevate the level of care for children everywhere.

We thank you for your continued support and interest in the patients and families we serve.
ON ANY BEAUTIFUL DAY AT SCOTTISH RITE HOSPITAL, you are sure to spot children enjoying the nature and whimsical pieces of art in The Dr. Bob and Jean Smith Children’s Sculpture Garden, located inside Allan Shivers Park on the hospital grounds. The sculpture garden, named in memory of the couple, was a gift to the hospital from their family who serve on the foundation board.

The Dr. Bob and Jean Smith Foundation supports organizations in the Dallas-Fort Worth community that emphasize art and culture, education and health. Dr. Smith was a Dallas-area pediatrician and founder of the city’s Doctors Hospital. He and his wife were active philanthropists and longtime supporters of Scottish Rite Hospital. Their gifts have supported The Dr. Bob and Jean Smith Child Life Center and Teen Room, which provides a place inside the hospital for inpatients to relax, socialize and play. Other generous gifts from the foundation have benefited the hospital’s Day Surgery unit and Dental Clinic.

With the addition of the sculpture garden, patient families and members of the community alike now have a quiet space to relax and play outdoors as well. “We are so grateful to the foundation for honoring the lives of their parents in such a meaningful way,” Scottish Rite Hospital President/CEO Robert L. Walker says. “The sculpture garden represents an extension of the beliefs we hold here at the hospital – that investing in the well-being of children and families in our communities makes a difference.”

Sculpting Magical Moments
The Dr. Bob and Jean Smith Children’s Sculpture Garden at Scottish Rite Hospital

Patients Aanya and Aasifoha, age 3, of Irving

DONOR SPOTLIGHT | Smith Foundation
‘TIS THE SEASON TO PURCHASE HOSPITAL HOLIDAY ITEMS!

Place your order soon for the hospital’s one-of-a-kind holiday greeting cards, ornament and “Happy Holidays” gift cards!

HOLIDAY GREETING CARDS

Send unique and memorable holiday greetings to your friends, family, clients and colleagues with cards designed by patients. Pricing is $20 per package, which includes 20 cards and 22 envelopes.

Order standard or personalized, imprinted cards by calling 214-559-8323 or 800-421-1121, ext. 8323; or visit scottishritehospital.org/give, download the order form and mail it to the address listed on the form.

Cards may also be purchased at the hospital gift shop.

2016 HOLIDAY ORNAMENT

Commemorate 2016 with a whimsical, 3-D, ornament inspired by the colorful gumball machine outside the hospital’s gift shop.

Purchase your annual collectible ornament for $18.25 in the gift shop or to order by phone, please call 214-559-7825 or 800-421-1121, ext. 7825.

To celebrate the holiday season, a gift has been made to Texas Scottish Rite Hospital for Children by Grandma and Grandpa.

“HAPPY HOLIDAYS” GIFT CARD

This year, give something that helps give children back their childhood. Honor your friends and family with a gift to Scottish Rite Hospital in their name. The hospital will acknowledge your donation by sending a “Happy Holidays” gift card to your list of recipients.

Please visit scottishritehospital.org/give, print the gift card order form and mail it to the address listed on the form, or call 214-559-8322 or 800-421-1121, ext. 8322.
THE COMMITMENT TO EXCELLENCE is a driving force at Scottish Rite Hospital with the singular focus of delivering the best the world has to offer to every one of our patients. The dedication to excel forms the foundation for the hospital’s six Centers for Excellence.

These centers provide patients with world-renowned care for conditions related to our core orthopedic specialties of spine, clubfoot, hand, hip, limb lengthening and reconstruction, and sports medicine.

These Centers for Excellence are not physical locations or clinics inside the hospital but rather, so much more. They represent the hospital’s commitment to outstanding patient care, groundbreaking research and exemplary education, which extends far beyond the walls of our building.

Our physicians and researchers travel the globe to share and exchange findings with health care professionals around the world. With recent trips to Russia, Palestine and Uruguay, and upcoming trips to China, we pass on the knowledge about caring for patients the Scottish Rite Hospital way. Likewise, medical experts travel here from an average of more than 30 countries each year to observe and learn from our highly respected team.

We recently welcomed a new group of five fellows, who have chosen pediatric orthopedic surgery as their career path and selected to study with our Scottish Rite Hospital team. They come to us from the University of Kentucky, Stanford University, Northwestern University, Akron General Medical Center and the University of Ottawa. These fellows will work side-by-side with our skilled staff and experience the outstanding work performed in each of our centers firsthand.

That spirit of collaboration and our multidisciplinary approach is what sets our Centers for Excellence apart. There is a rich exchange of ideas and contributions shared among numerous departments, from Research to Psychology, supporting the work and advancements associated with each orthopedic specialty.

Our mission to improve the lives of children with orthopedic conditions is at the heart of all these efforts and the reason we never tire in our dedication to excellence.

A Dedication to Excellence

Sam E. Hilburn | 1921 – 2009

ALTHOUGH SAM E. HILBURN WAS BORN IN 1921 IN GRANDFIELD, OKLA., as the saying goes, he got to Texas as soon as he could. He spent his childhood in Wichita Falls, Texas, before enlisting in the U.S. Army Air Force and serving as a fighter pilot during World War II. Upon returning from service, he graduated from Oklahoma University with degrees in petroleum engineering and geology.

As an independent oil operator, Hilburn and his wife, Millie, made Midland their home. It was there that he coached Little League baseball with former President George H. W. Bush, served as a charter member of his church and helped establish the Midland American Bank. While he was active in the community, Hilburn’s heart and soul were dedicated to Masonry.

After becoming a Mason in 1950, he held virtually every top position in Masonry and would take the time to talk to anyone about it. Hilburn was a 33rd degree Scottish Rite Mason and a Past Grand Master of Masons in Texas. In addition, he was awarded the Grand Cross, the highest honor bestowed in Scottish Rite Masonry, and held the highest leadership position in Texas as the state’s Sovereign Grand Inspector General. This accomplished and respected leader also served as chairman of the hospital’s board for 15 years.

Each time patients visit the Sam and Millie Hilburn Family Room and Chapel, they benefit from the generosity and legacy of this hospital pioneer.
THE NATIONAL RESEARCH CORPORATION (NRC) has once again recognized Scottish Rite Hospital for its dedication to improving the patient experience. The hospital was selected from an extensive group of NRC clients, ranging from small specialty hospitals to large health care systems, as a winner of two Path To Excellence Awards.

The first award was for Top Performing Facilities - Children's Hospitals. It was the hospital’s second consecutive year to receive this distinction, presented to only two hospitals in the country. In addition, Scottish Rite Hospital is one of only two institutions to receive the award for Most Improved Facilities – Children's Hospitals, based on improvement over last year’s award-winning inpatient performance scores.

The hospital was also selected as one of three finalists from across the country for the NRC Improvement Best Practice Award. These awards were presented at the NRC Picker Patient-Centered Care Symposium Aug. 28 and 29, in San Diego.

Scores are based upon patient surveys that families complete after receiving treatment at the hospital. The feedback from patient families is a key tool in measuring patient satisfaction.

“Awards are nice but our goal is to find out how our families feel about us and about the quality of care we are delivering,” explains Kerry Wilder, director of Performance Improvement at Scottish Rite Hospital. “And ‘quality’ is what the patient family says it is.”

Wilder acknowledges that receiving an honor of this stature for two consecutive years is not the end — it’s just the beginning. “Now we have a responsibility to other health care organizations, to share our policies and practices so we can all continue to improve the patient experience,” she says.

“These awards give us a vehicle to do that.”

“Implementing improvement processes is difficult and requires large amounts of time and resources, so when organizations make the commitment to look past those constraints, it really defines who the winners are,” says Helen Hrdy, NRC senior vice president of Client Service. “We congratulate Scottish Rite Hospital for truly defining patient-centered care.”

“I am a physician and have trained and practiced in many facilities, with hundreds of medical personnel. I firmly believe, and have told my colleagues and patients alike, that Texas Scottish Rite Hospital for Children is world-class.”

“Best hospital my child has been to. The staff is wonderful and did everything to satisfy my needs.”

“Makes my child feel special!”

“One big happy family.”

“Going home happy!”

“This facility has been a godsend for my child.”

“Staff is great! Appreciate that they go above and beyond for our son and family.”

SEE WHAT SCOTTISH RITE HOSPITAL PATIENT FAMILIES ARE SAYING:
GOING TO GREAT LENGTHS

Scottish Rite Hospital’s team designed an innovative limb-lengthening device called the TL-HEX™ external fixation frame, which is manufactured by Orthofix International N.V.

From top: John G. Birch, M.D., and patient Geraldine, age 16, of Van Alstyne.

L to R: Alex Cherkashin, M.D.*, David Ross, engineer, and Mikhail Samchukov, M.D.†

Patient Irina, age 14, of Frisco, and nurse Johanna Pool.
Scottish Rite Hospital physicians and researchers go the distance to pioneer advanced treatment methods for children with limb length discrepancies.

By Manny Mendoza

FOR MORE THAN 25 YEARS, SCOTTISH RITE HOSPITAL has been setting the standard for the care and treatment of children with limb length differences. The work of the hospital’s Center for Excellence in Limb Lengthening and Reconstruction is recognized throughout the world. In addition to the thousands of patients who have benefited from the center’s innovations, one of its greatest admirers is a medical institution located on the other side of the globe in Kurgan, Russia. In fact, it is the very facility where the basis of the technique used at Scottish Rite Hospital – the Ilizarov method – was developed.

The Russian Ilizarov Scientific Center for Restorative Traumatology now wants to bring Scottish Rite Hospital’s innovations to its patients in Russia. After conducting an international review of other institutions that use the Ilizarov technique, the center’s new director, Russian orthopedist Alexander Gubin, M.D., Ph.D., sought out Scottish Rite Hospital to form a collaboration – the first of its kind.

Gubin was looking for a collaborator that could preserve the legacy and skills of its namesake, Ilizarov, and also offer leading-edge expertise to the center. His search ended with Scottish Rite Hospital, whose pioneering work has ushered in a new era of advancements in limb lengthening.

Through collaborations such as this, the hospital’s innovations will continue to benefit our hospital patients as well as children throughout the U.S., Russia and around the world.

Continued on next page
Conducting pioneering research and delivering excellent patient care have always been driving forces throughout each of the hospital’s six Centers for Excellence. When the hospital’s Center for Excellence in Limb Lengthening and Reconstruction began taking shape in the late-80s, the center’s original director, John G. Birch, M.D., immediately set to work with the goal of advancing treatment methods. He was focused on helping children with limb length differences as well as those who had experienced trauma to the bones of a limb that required reconstruction. With that objective in mind, Birch came upon a unique approach using an external metal frame that encircled the leg called the Ilizarov method. The technique was named after Soviet physician Gavril Ilizarov, who developed the concept in Russia. It was superior to any method Birch had seen in the West at that time.

“I knew I had seen things that nobody in North America or Europe were capable of doing,” he recalled during a recent lecture. “I knew there was something here that Scottish Rite Hospital could use.”

Birch was encouraged by the approach and like a true innovator, he set out to improve upon the method — whatever it took. What it took was conducting groundbreaking research and assembling one of the most highly regarded team of experts in the field, who shared a common desire to take the practice of limb lengthening to the next level — and they have. That team includes Mikhail Samchukov, M.D.†, Alex Cherkashin, M.D.*, and Marina Makarov, M.D.‡, of Russia, who came on board in the early ’90s. They not only knew of the Ilizarov method, they had worked side-by-side with Ilizarov himself. Along with the vision of David Ross, the hospital’s inventive director of bioengineering and biomechanics, the team continues to raise the bar and has made internationally recognized advancements in limb lengthening.

“Ilizarov’s technique has likely touched more people around the world than any other orthopedic principle,” according to David Podeszwa, M.D., who co-directs the hospital’s Center for Excellence in Limb Lengthening and Reconstruction with Samchukov.

“The conference drew 501 medical professionals from 31 countries for 62 lectures and the delivery of 150 papers. The meeting also marked the 45th anniversary of the Ilizarov Center, the 65th anniversary of the development of the Ilizarov technique and the 95th birthday of the late Ilizarov.

The Scottish Rite Hospital team lectured and moderated panels. And in a rare move for the Russian center, Birch, Samchukov and Cherkashin were awarded honorary professorships for their contributions to the Ilizarov technique, the only three North Americans to receive the prestigious distinction at the meeting.

“We are trying to build the limb lengthening and reconstruction center of the 21st century,” Gubin said during a recent visit to the hospital. “I hope this collaboration with Scottish Rite Hospital is only the beginning.”

And for pioneers looking for the next, higher mountain to scale - like the physicians and researchers of Scottish Rite Hospital - it is.

†Medical Degree from Khabarovsk State Medical School, Russia, *Medical Degree from Novosibirsk State Medical School, Russia, ‡Medical Degree from Omsk Medical School, Russia (Researchers not practicing as physicians in the U.S.)
IT WAS ANOTHER FANTASTIC SUMMER of kids helping kids during the KidSwing Golf Tournaments in Dallas, Trophy Club and new this year — Frisco. A huge thanks goes to sponsors of the event — Ashley’s Buddies Golf Tournament, GEICO, and Janet and Joe Tydlaska as well as Barbi and Scott Cohen, CD Wealth Management, The Mary Kay Family Foundation, RSM, Which Wich Superior Sandwiches and Wise Orthodontics, PA. Participants raised more than $88,000 for the Charles E. Seay, Jr. Hand Center. To date, the event has raised $1.9 million.

1. L to R: Participant Mitchell and patients Ryan and Micah
2. Participant Landry
3. L to R: Patient Lauren, participant Carina and patient Adriana
4. L to R: Participants Miley and Carolina with patients Brayden and Briana
5. Participant Chamberlynn with her mom and tournament chaperone Kimberly Best
HOSPITAL HAPPENINGS | Spotlight on Events, Donors and Patients

Junior Volunteer Appreciation

THIS SUMMER SCOTTISH RITE HOSPITAL HOSTED 294 TEENS, ages 14 to 17, who represented more than 85 Dallas-Fort Worth area high schools as participants in The Bernice and Brudus Meyerson Junior Volunteer Program. Collectively, the teens gave more than 9,700 hours of their time to the hospital. Thank you, junior volunteers!

1. Patients Caroline, age 14, of Mansfield; Noe, age 17, of Garland; and Manuel, age 15, of Ennis
2. Patient Valerie, age 17, of Arlington, with Sephora make-up artist Matt Ayler
3. Patient Ila, age 15, of Jacksonville

JCPenney Successful Bridges Fashion Show

JCPENNEY RECENTLY HOSTED ITS NINTH ANNUAL SUCCESSFUL BRIDGES FASHION SHOW featuring 26 Scottish Rite Hospital patients at its corporate headquarters in Plano. These patients are part of the hospital’s Successful Bridges program, which assists teens with spina bifida in “building bridges” to self-sufficiency as they achieve developmental milestones and transition into adulthood. JCPenney also presented the hospital with a generous donation of $5,000.

1. Patients Caroline, age 14, of Mansfield; Noe, age 17, of Garland; and Manuel, age 15, of Ennis
2. Patient Valerie, age 17, of Arlington, with Sephora make-up artist Matt Ayler
3. Patient Ila, age 15, of Jacksonville

SAVE THE DATE

Family Day:
SATURDAY, DECEMBER 10

Two sessions:
10 a.m. – 12 p.m. & 3 – 5 p.m.

For details or to register visit
COOKIESANDCASTLES.COM
Cotton Patch Cafe’s **March to a Million**

**WITH THE HELP OF MORE THAN 2,300 FRIENDS** in the Dallas-Fort Worth area, this year’s Cotton Patch Cafe Challenge surpassed its 10-year goal. The company’s “March to a Million” was achieved by reaching a cumulative total of $1,090,257 to benefit Scottish Rite Hospital patients and families. Thanks a million to all who participated! 😊

Many Ways to Get Involved in the **2016 BMW Dallas Marathon**

**RUNNERS AND NON-RUNNERS ALIKE CAN SUPPORT SCOTTISH RITE HOSPITAL**, the primary beneficiary of the 2016 BMW Dallas Marathon, on race day Sunday, Dec. 11. Other opportunities to be part of the action include walking, volunteering or cheering for marathon participants. You can also make a donation or launch an online fundraising campaign by visiting scottishritehospital.org/DallasMarathon.

If you would like to register to run, walk or volunteer, visit dallasmarathon.com for more information. 😊

**Summer Colors - An Art Auction**

**FOUNDED IN 2009 BY JENNY AND LOREN KOZIOL AND JILL AND DUPREE SCOVELL**, this art auction raises awareness about Scottish Rite Hospital, while also introducing hospital friends and the Dallas community to up and coming local artists. To date, Summer Colors has raised more than $84,000 for the hospital. A special thanks to our chairs, the Koziols and Nicole Marrow Davis, and to all who attended! 😊

**BMW Dallas Marathon Jr.**

**Race Director and patient Jax, age 16, of Dallas**

Kathy Nelson, Cotton Patch Cafe CEO, and Robert L. Walker, Scottish Rite Hospital President/CEO
TRUSTEE PROFILE

Robert L. Dillard III

Robert L. Dillard III inherited more than his name, height and eye color from his father, Robert L. Dillard Jr. Like his father, Dillard also became an attorney, Mason and hospital board member. You could make a case that he has followed in his dad’s footsteps in many ways. Perhaps his greatest acquired trait is a commitment to serve others. It is not one that requires a contract or legal obligation. It is a dedication that comes from the heart and one that has touched the lives of many people, including the patients of Scottish Rite Hospital.

BINDING AGREEMENT

“I was raised with SMU (Southern Methodist University). I could not possibly have gone anywhere else,” the Dallas native says with a laugh. It was, in fact, the school where Dillard’s mother and father met and where both he and his father earned their respective undergraduate and law degrees.

THE CASE OF A LIFETIME

Dillard grew up around his father’s law colleagues and had family members in the field as well. “I never shied away from it,” he says. Rather, he went on to enjoy a successful career as a city attorney with the same firm for which his father once worked. After 48 years, he continues to practice full time with Nichols, Jackson, Dillard, Hager & Smith, L.L.P.

SWEARING AN OATH

On his 21st birthday, Dillard presented his petition to become a Mason to his father. “My dad was the Grand Master of Masons in Texas at the time and he was very excited,” Dillard says. “I grew up around Masonry and I’ve enjoyed the friendships and the opportunity to be part of a great organization that benefits so many people.”

COURT OF APPEALS

In 1969, Dillard married his wife, Susan, whom he met at a neighborhood gathering shortly after graduating from law school. “She is tall like I am and very pretty,” he says. “I think we were both a little shy.” The couple has two married sons and enjoys dancing and traveling.

A WILL TO GIVE

“The hospital was built on a spirit of helping other people,” Dillard says. “Learning more about it has really helped me appreciate its mission. The entire staff works hard but it’s a labor of love.” In addition to his board service, Dillard devotes time to building friendships and support for the hospital.

CLOSING REMARKS

“I’d like to be remembered as a good husband and father, a good friend and family member,” Dillard says. “Someone who gave of himself, who believed in God and tried to be a good citizen.”

Photo by Marissa L. Wallace
FOR THE PAST FOUR YEARS, PATIENT DARIUS, age 18, of Lancaster, has had his eye on a specific goal — the basketball goal. When he was a high school freshman, his mom surprised him with a basketball and hoop for their home. Darius practiced religiously and became a phenomenal shooter, despite having a congenital hand difference.

“He was leery about trying out for his high school team,” says Darius’ mom, Sequilla. “He could shoot but he couldn’t always get a good grip to catch the ball.”

Darius made the Lancaster Tigers Basketball team and worked countless hours to overcome the obstacles his hand difference presented. He advanced to the varsity team as a junior and became a starter and team captain his senior year.

“Darius has been an inspiration and a strong leader,” says Coach Ferrin Douglas. “The team doesn’t even notice his disability.”

When the Tigers made the state tournament this past spring, he helped lead his team to a second consecutive state title and was awarded Most Valuable Player of the tournament. He was also named to the 2016 All-Tournament team.

“I could not sit down the entire fourth quarter,” Sequilla says. “I had tears in my eyes thinking about all he went through.”

“When they announced my name as MVP, I cried tears of joy,” Darius says. “It felt good to know that I had helped my team.”

Darius graduated in May and is now pursuing basketball at Texas A&M Prairie View.

“I told him, ‘God chooses people for different reasons. There may come a time when your story helps someone else,’” Sequilla says.

Photo © 2016 The Dallas Morning News, Inc.
Texas Scottish Rite Hospital for Children is one of the nation’s leading pediatric centers for the treatment of orthopedic conditions and sports injuries, as well as certain related arthritic and neurological disorders and learning disorders, such as dyslexia. Since its inception in 1921, the hospital has provided medical care for more than 250,000 children. Patients receive treatment regardless of the family’s ability to pay.

Texas Scottish Rite Hospital for Children was honored to be recognized by the National Research Corporation to receive two Path to Excellence Awards as a top-performing facility and for overall improvement in patient satisfaction.