EXPANDING the Horizons of Pediatric Orthopedic Care

SINCE 1921, TEXAS SCOTTISH RITE HOSPITAL FOR CHILDREN HAS SEEN TREMENDOUS growth, change and advancements in our mission of giving children back their childhood. Recognizing health care needs in the area’s rapidly growing northern region, we are excited to expand the hospital’s world-renowned pediatric orthopedic care to a new facility in Frisco.

This ambulatory surgery center will be the hospital’s first-ever satellite campus in our 95-year history. It will house the hospital’s Center for Excellence in Sports Medicine, in addition to offering clinics, outpatient surgeries and specialized services addressing a broad range of pediatric orthopedic issues.

At Scottish Rite Hospital, we are constantly expanding our horizons to serve the needs of children and adolescents throughout our community and ultimately, around the world. We thank you for your support during this exciting chapter in the hospital’s history.

Scottish Rite Hospital President/CEO Robert L. Walker and Chief of Staff Daniel J. Sucato, M.D., M.S.

PICTURED ON FRONT COVER:
L to R: Chief of Staff Daniel J. Sucato, M.D., M.S.; patient Alexis, age 11, of Wylie; Vice Chairman of the Board of Trustees M. Douglas Adkins; patient Jasmine, age 12, of Prosper; Chairman of the Board of Trustees, Ambassador Lyndon L. Olson, Jr.; Vice Chairman of the Board of Trustees Harold D. Carter; President/CEO Robert L. Walker and patient Dawson, age 13, of Frisco

FUTURE NORTH CAMPUS

Leadership Message

PUBLICATION CREDITS
Editor: Ruth Ann Hensley  Designer: Thomas Hyde
Contributors: Laura Bentz, Stephanie Brigger, McKay Heim, Peggy Meyer and Communications staff
Photos/Graphics: Stuart Almond, Lee Baker, Carrie Davis, Peter Henry, Sarah Lassen, Clayton McElhaney and Rick Smith
ON OCTOBER 19, TEXAS SCOTTISH RITE HOSPITAL FOR CHILDREN STAFF, TRUSTEES, PATIENTS and Frisco community friends gathered to celebrate the groundbreaking of the hospital’s new North Campus facility. This state-of-the-art ambulatory surgery center will be located on a 40-acre lot in Frisco at the corner of the Dallas North Tollway and Lebanon Road.

“We are committed to delivering excellence in care and all the elements that have made our hospital extraordinary since 1921,” Scottish Rite Hospital President/CEO Robert L. Walker said to a crowd of more than 250 attendees. “We’re especially grateful for the support of the Frisco community.”

Vibrant ribbons and a timeline reflecting the hospital’s 95-year history set the tone for this historic event. Bright shovels and hard hats were available for guests to participate in the ceremony and symbolic turning of the dirt. Confetti filled the air as did, of course, the smell of freshly popped popcorn.

“It’s a new day for Scottish Rite Hospital,” said Ambassador Lyndon L. Olson, Jr., chairman of the hospital’s board of trustees. “The hospital has evolved from a small regional hospital treating children with polio, to one of the best pediatric orthopedic facilities in the world with a team of internationally recognized physicians.”

The five-story, 345,000-square-foot building will have approximately a 10-acre footprint. Currently, about 25 percent of Scottish Rite Hospital patients live in cities north of Dallas. To address the growing need for a patient access point, the ambulatory surgery center will extend the same outstanding patient care found at the Dallas campus. It will offer clinics and outpatient surgeries for children with orthopedic issues.

The North Campus will be anchored by the hospital’s Center for Excellence in Sports Medicine and will feature a state-of-the-art movement science lab as well as physical therapy services. It will also offer outdoor amenities including a walking and running trail and a playground park for patients and the community. The Beck Group and HKS Architects will help bring this extraordinary campus to life.

The hospital has a fracture clinic, currently located in Plano, which will also be a feature of the new facility. It provides same-day services with no appointment or physician referral necessary. In addition, the campus will focus on educational outreach activities to help schools and sports teams improve athletic safety.

Pictured above: Patients of Scottish Rite Hospital’s North Campus - Plano, L to R: Jasmine, age 12, of Prosper; Dawson, age 13, of Frisco; and Alexis, age 11, of Wylie

Helen Mann, daughter of Brandon Carrell, M.D., the hospital’s second chief of staff, with Ambassador Lyndon L. Olson, Jr., chairman of the hospital’s board of trustees and former hospital patient of Carrell’s

L to R: Hospital Trustees Jim Chambers and Ronald Skaggs; hospital President/CEO Robert L. Walker; hospital Foundation President and Assistant Chief of Staff Karl E. Rathjen, M.D.; hospital Chief Medical Officer B. Stephens Richards, M.D.; Frisco Mayor Maher Maso; hospital North Campus Vice President Jeremy Howell and Frisco Chamber of Commerce President/CEO Tony Felker
NORTH CAMPUS
Medical Updates

IN 1921, TEXAS SCOTTISH RITE HOSPITAL FOR CHILDREN BEGAN AS A SMALL regional hospital focused on taking care of children with polio. Today, Scottish Rite Hospital is internationally known for excellence in pediatric orthopedic care. It is home to one of the premier teaching and fellowship programs in the world, with a staff of more than 60 renowned physicians and orthopedic surgeons.

The medical staff writes and edits an orthopedic textbook that is utilized globally to teach current and future generations of pediatric orthopedic physicians. Scottish Rite Hospital scientists, researchers and physicians are unraveling genetic mysteries, root causes and possible cures for orthopedic conditions.

In 2014, Scottish Rite Hospital recognized another need — comprehensive sports medicine care for youth. To address this high-demand field of care, the Center for Excellence in Sports Medicine was established under the leadership of Philip L. Wilson, M.D., assistant chief of staff. This center will anchor the new North Campus facility, providing specialized treatment for sports-related orthopedic conditions and concussions.

A continued focus of the center will be sports injury prevention and educational outreach to keep young athletes in Frisco and surrounding areas safe. The hospital’s fracture clinic, currently located in Plano, will relocate to the

continue reading opposite page

FIVE THINGS TO LOOK FOR AT THE NORTH CAMPUS

The new home of the Center for Excellence in Sports Medicine, delivering world-renowned, specialized care to young athletes.

A leading-edge movement science lab with specialized capabilities for sport-specific training and testing.
An on-site youth soccer field with the ability to accommodate group rehab sessions, injury prevention clinics and coaching clinics.

Conference room facilities available to community organizations for small- to mid-size meetings and events.

Playground and walking trails on the campus for hospital patients and community use.

North Campus. This clinic will provide patient families with an expert opinion and access to our outstanding orthopedic specialists without a physician referral.

The new 345,000-square-foot ambulatory surgery center will extend Scottish Rite Hospital’s reach in North Texas and surrounding states. When young athletes are injured, doctors and therapists will work with them to ensure a healthy return to sports.

As part of the work with the community in North Texas, physicians will educate schools and teams about concussions. Through continued education, they will seek to decrease the number of kids who experience this dangerous brain injury. When a child does experience a concussion, this education will help patients take appropriate measures to protect themselves from further injury.

The hospital’s team of sports medicine experts will continue to conduct research and publish the latest insights and treatment options, in order to improve the recovery outcomes for the center’s patients and children everywhere.
NOW A JUNIOR AT LAKE DALLAS HIGH SCHOOL, JAX STARTED PLAYING SOCCER when she was 5 years old. And she hasn’t stopped, even after trying a few other activities along the way. Over the years, she’s had a few injuries, but one really slowed her down.

Jax remembers her first knee cap (patella) dislocation and small fracture of the bone and cartilage when she was playing soccer at the age of 13.

In her favorite position of forward, Jax continued to play knowing this would happen occasionally. When it became more frequent, she came to see sports medicine orthopedist Henry B. Ellis, M.D. for a consultation.

“If we don’t address the cause of a problem, it will continue to happen,” Ellis explains.

Since she had already tried non-surgical treatments, Ellis recommended an option to stabilize her knee cap that would prevent future dislocations.

“Athletes tell me that they can function with knee cap problems like this, however, they are fearful of the next time it will happen. This fear or apprehension can sometimes cause them to quit their sport or activity,” Ellis says. “We want athletes to feel assured about their knees so they can play with confidence and have fun. More importantly, over time, the dislocations may cause permanent changes to the cartilage in the knee joint.”

In March of 2015, Ellis performed a medial patella femoral ligament (MPFL) reconstruction on Jax’s knee. Since the MPFL secures the knee cap and was likely torn and stretched out, the surgery replaces this important ligament. After months of healing and physical therapy, Jax described her return to soccer as “the best feeling ever.”

Before surgery, she had her mind set on a goal of making the varsity team...
at Lake Dallas High School. She did just that and appears to have a promising future ahead. In fact, after her experience at Scottish Rite Hospital, she has plans to pursue a career in sports medicine.

For now, Jax is helping Scottish Rite Hospital spread the word about our sports medicine experts as the 2016 Junior Race Director for the BMW Dallas Marathon. Each year, the junior race director helps marathon participants and sponsors understand the value of their contributions.

“I wanted to play without having to worry if my knee cap was going to pop out again. I just wanted to be able to play soccer, without having these worries in the back of my mind.”

– JAX, AGE 16, OF LAKE DALLAS

SEE WHAT OUR FRIENDS AND SUPPORTERS ARE SAYING...

"I am such a fan of Scottish Rite Hospital and so excited to see this new adventure in Frisco!"

"A historic occasion!"

"Congratulations! Thank you TSRHC for all you do to give children back their lives."

"Welcome to Frisco, TSRHC!"

"Exciting to see such an amazing institution grow!"

"TSRHC - It's magic! The place of miracles!"

"Congratulations on a new chapter of care for children!"

"A wonderful day for Scottish Rite Hospital!"
Texas Scottish Rite Hospital for Children is one of the nation’s leading pediatric centers for the treatment of orthopedic conditions and sports injuries, as well as certain related arthritic and neurological disorders and learning disorders, such as dyslexia. Since its inception in 1921, the hospital has provided medical care for more than 250,000 children. Patients receive treatment regardless of the family’s ability to pay.

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Rite Up is a publication of Texas Scottish Rite Hospital for Children. If you no longer wish to receive communications from the hospital, send a written request or call: HIPAA Privacy Officer Texas Scottish Rite Hospital for Children 2222 Welborn Street, Dallas, TX 75219 800-421-1121 ©2016, Texas Scottish Rite Hospital for Children®

COME VISIT OUR CURRENT LOCATION in Plano

THE KEY PIECE TO THE AMBULATORY SURGERY CENTER IN FRISCO WILL BE THE HOSPITAL’S CENTER FOR EXCELLENCE IN SPORTS MEDICINE.

In the meantime, young athletes are receiving world-renowned care at a facility in Plano at 7000 West Plano Parkway.

In addition, the Plano location offers a fracture clinic, a hand clinic, sports therapy and general orthopedic services to patients throughout the North Dallas area. These services will be relocated to the new North Campus facility in Frisco upon its completion.

For more information, visit scottishritehospital.org/northcampus.

The hospital’s Plano facility is located at 7000 West Plano Parkway, Suite 110, in the Plano Pediatric and Medical Pavilion.