Our researchers need your help to better understand how the COVID-19 pandemic has impacted the daily activity of our youth. Please complete our Physical Activity Survey, which takes about 15 minutes, and tell us about the type of activity your child typically did before the pandemic and how your child's play routines have changed.

Please scan the QR code or visit this website to start your survey!

https://is.gd/PhysicalActivitySurvey

Please share this flyer with other parents, guardians or caregivers!