



ADDITIONAL ULTRASOUNDS/SONOGRAMS

Pelvic Ultrasound

- This exam usually includes the uterus, ovaries and bladder.
- No fasting is required.
- Give all medicine at the regular time unless otherwise directed by a Radiology nurse.
- **The bladder must be full during the exam.**
- Please encourage your child to drink water or juice two hours before the exam and do not use the bathroom.
- If your child is on a catheter schedule, do not use the catheter two hours before the exam.
- A certified child life specialist may be available to help prepare, distract and support your child. Child life specialists help ease fears and anxieties that some children have during their hospital visits.

Arterial, Venous, Aortic and Carotid Ultrasounds

- These ultrasounds examine the blood vessels.
- It may take 45 minutes for one limb (for example a leg or arm).
- It may take longer than 45 minutes if the ultrasound is for both limbs (for example bilateral lower legs).
- **Your child will need to fast for six to eight hours before an aorta ultrasound.**
- An exam of the aorta or both carotid arteries may take 60 to 90 minutes.

Foot, Hand, Head, Joint (not hip), Lower Extremity, Upper Extremity, Muscle or Shoulder Ultrasounds

- Each ultrasound is an exam of the specific body area.
- Each of these exams will take about 45 to 60 minutes.
- No fasting is required

Breast, Chest, Testicle, Thyroid or Spine Ultrasounds

- Each ultrasound is an exam of the specific area of the body.
- No fasting is required.

If your child is ill (fever, cough, flu, etc.) or If you have any questions or need to cancel or change your appointment, please call Radiology scheduling:

Dallas 214-559-8572

Frisco 469-515-7190