



HIP ULTRASOUND/SONOGRAM INSTRUCTIONS

What is an Ultrasound/Sonogram?

A sonogram is also called an ultrasound. It is a painless procedure that uses sound waves to create pictures of the body. Most hip sonograms are ordered for newborns and infants who are at risk of having a dislocated hip joint.

If your child is ill (fever, cough, flu, etc.), please call Radiology scheduling:

Dallas 214-559-8572

Frisco 469-515-7190

What happens during a hip ultrasound?

1. A certified child life specialist may be available to help prepare, distract and support your child. Child life specialists help ease fears and anxieties that some children have during their hospital visits.
2. Your baby will lie on a soft table.
3. The sonographer, a registered specialist who performs the sonogram, will put a warm gel on your child's skin.
4. He or she will use a transducer (wand) to view pictures of both hip joints. These pictures will be visible on the ultrasound monitor.
5. The sonographer will move your child's legs and hips during the procedure as directed by the doctor and radiologist.
6. This procedure will take about 30 minutes.
7. If your baby wears a harness, your doctor will decide if your baby will remain in the harness or be taken out for the sonogram.

Is there preparation for a hip ultrasound?

- You may need to bring a bottle of formula or milk to feed your baby during the procedure to help your baby relax.
- Give all medicine at the regular time unless otherwise directed by a Radiology nurse.

If you have any questions or need to cancel or change your appointment, call Radiology scheduling:

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