

2022 GUEST FACULTY



HEATHER C. FORKEY, M.D., FAAP

Chief, Child Protection Program (CPP)
Director, Foster Children Evaluation Service (FaCES)
Medical Director, Lifeline4Kids

Professor of Pediatrics, University of Massachusetts Medical School

Vice-Chair for Wellness, Department of Pediatrics
UMass Memorial Children's Medical Center
Foster Children Evaluation Services
Worcester, Massachusetts

Dr. Heather Forkey earned her BS in Biology at Cornell University, and received her Doctor of Medicine from State University of New York at Upstate Medical University in Syracuse, New York. She is considered to be an outstanding academic pediatrician and an inspiring leader and role model for junior faculty, fellows, residents and students in the Department of Pediatrics at the University of Massachusetts Medical School. She is nationally recognized for her expertise in the health care of children in foster care, child trauma and child abuse. A creative and energetic leader, community partner and advocate, she works tirelessly to provide valuable guidance, education and support to the medical, education, law enforcement, juvenile justice and mental health community agencies in the local region, the state, and at the national level through the American Academy of Pediatrics and the National Child Traumatic Stress Network.

In addition to her clinical work with child trauma survivors and children in foster care, Forkey is independently funded to research broader health and social issues of children in foster care and to address the physical and mental health needs of children who have been traumatized. She is an authority on recommendations for caring for children exposed to trauma, and is engaged in national educational initiatives and policy development with state and national partners.

Dr. Forkey has researched and published articles regarding the growing concern within health care delivery, physician burnout, especially the issue of secondary traumatic stress for caregivers.

In 2017, Dr. Forkey was awarded the Joy McCann Professorship. Established in 2005 by an endowment from the Joy McCann Foundation, this three-year professorship identifies and rewards female faculty leadership in medical education, research, patient care, and community service. Her chosen area of research was physician burnout and secondary traumatic stress for caregivers.

Dr. Forkey has cowritten published articles in the AAP journal, Pediatrics. She also cowrote the book, Childhood Trauma & Resilience: A Practical Guide.

Heather C. Forkey, MD, FAAP, is a Professor of Pediatrics and Pediatric Vice Chair for Wellness at the University of Massachusetts Medical School, and Division Director for the Child Protection Program and Foster Children Evaluation Service (FaCES) of the UMass Memorial Children's Medical Center. She also serves as the Medical Director of Lifeline4Kids at University of Massachusetts Medical School. In addition to her clinical work, Dr. Forkey has been the recipient of local and federal grants to address issues of children in foster care and to translate promising practices to address physical and mental health needs of children who have been traumatized. She has published and presents nationally and internationally on these topics and serves in leadership roles for the National Child Traumatic Stress Network and American Academy of Pediatrics on issues related to foster care and child trauma.



DAMON KORB, M.D., FAAP

Behavioral & Developmental Pediatrician

Clinic Director and Founder, Center for Developing Minds
Los Gatos, California

Author, *Raising an Organized Child*

Damon Korb, MD, FAAP, is one of the country's leading behavioral and developmental pediatricians, founder of the Center for Developing Minds, and author of the sanity-saving book *Raising an Organized Child: 5 Steps to Boost Independence, Ease Frustration, and Promote Confidence* (American Academy of

Pediatrics, 2019). Years of providing care for thousands of families with a struggling child -- and raising five children of his own -- has given him a unique perspective about what works, and what doesn't, when it comes to parenting.

His best-selling and award winning book is the modern guide for helping parents promote "executive function" skills with their children. Dr. Korb is a frequent speaker who has been featured and trending on *NPR "Here & Now"*, *The Today Show with Hoda & Jenna*, *The Minimalists Podcast*, *Parents Magazine*, *Hallmark Home & Family*, *The Washington Post*, *The New York Times*, *SiriusXM's Doctor Radio*, *Good Housekeeping*, *OprahMag.com*, as well as a repeat guest on *KTLA*, and many other news outlets.

The philosophy behind Dr. Korb's book: the best way to prepare children for adulthood is to teach them to be organized thinkers. Dr. Korb tells us that, **"Organized children are not born, they are raised."** Dr. Korb provides **Five Principles** to help raise an organized child at every stage of development:

- (1) Be Consistent,
- (2) Introduce Order,
- (3) Give Everything A Place,
- (4) Practice Forward Thinking,
- (5) Promote Problem Solving.

As the founder and director of the Center for Developing Minds, Dr. Korb examines the neurodevelopmental brain functions that determine how a child learns, behaves and socializes. Dr. Korb directs a team of child development experts who care for children and young adults that struggle at home and school due to: behavior issues, learning difficulties, attention problems, social skill deficits, autism spectrum disorders, developmental delays, and psychological disorders.

Dr. Korb is a Past President of the Society for Developmental and Behavioral Pediatrics and the current Board Chairperson for Parents Helping Parents. Dr. Korb is an adjunct clinical instructor for the Stanford University Medical Center.

Prior to creating the Center for Developing Minds, he founded Kidscope, formerly known as the Center for Learning and Achievement, and consulted on the creation of the Autism Spectrum Disorder Clinic at Kaiser Permanente, both in San Jose, CA.

Dr. Korb completed his behavioral and developmental fellowship training at the Center for Development and Learning, University of North Carolina, Chapel Hill. Dr. Korb finished his pediatric internship and residency at Vanderbilt University Medical Center in Nashville, Tennessee, and earned his medical degree in 1994 from the University of Rochester School of Medicine in Rochester, New York. Dr. Korb received a B.S. in psychobiology from the University of Southern California in 1990.

For more information about Dr. Korb's programs:

www.dev Minds.com

www.raisinganorganizedchild.com



MARY L. O'CONNOR LEPPERT, M.B., B.CH.

Physician, Neurodevelopmental Medicine
Director, Center for Development and Learning
Co-Director, Infant Neurodevelopment Center
Kennedy Krieger Institute
Baltimore, Maryland

Consultant Physician, St. Agnes Hospital

Associate Professor of Pediatrics, The Johns Hopkins University School of Medicine

Dr. Leppert's interests include the early identification of developmental disorders, the understanding of the cause of developmental disorders, and the education of trainees on early identification of developmental disorders and associated deficits. She was part of a multicenter study to standardize the Capute Scales of Development, and the NICU follow up clinic is involved with several neonatal and preschool outcome studies. Dr. Leppert's educational focus surrounds curriculum development and dissemination of training on early identification and co-occurring disorders in early childhood.

Dr. Leppert has co-published multiple research articles