

# Developmental-Behavioral Pediatrics: Topics for Primary Care

Scottish Rite Hospital for Children – Dallas, Texas

March 5, 2021

## OVERVIEW

This half-day virtual/video conference will highlight common developmental-behavioral conditions, their etiology, identification, and management. Presenters will update providers on new developments and enhance their understanding of developmental conditions pertinent to primary care settings and will feature opportunities to apply knowledge in clinical situations. The program will utilize Interactive Online chat/discussion, case studies, and question/answer format in addition to PowerPoint presentations. Ample time will be allowed for discussion between the audience and the faculty. Since as many as 40% of primary care visits include developmental or behavioral concerns, this course is designed to meet the educational needs of these providers: pediatricians, family practitioners, advanced practice nurses, physician assistants, and health care professionals providing direct care to children.

## OBJECTIVES

At the conclusion of this activity, the participant should be able to:

- Examine community-level stressors (including racism) in an urban population using the Philadelphia expanded ACE model, recognize the negative impact of adverse childhood experiences on health and well-being across the lifespan, and review strategies on how to advocate for children who have experienced expanded ACES.
- Describe strategies to treat common substance use disorders in young people.
- Recognize the falling age and increasing numbers of children who are experiencing suicidal ideation, suicide attempts and self-harm, and discuss the societal trends contributing to this problem.
- Describe the significant health disparity for minority populations including racial and sexual minority with respect to suicidality, and implement screening and safety plans in primary care.
- Describe the importance of and barriers to integrating children's behavioral health care into primary care, and how the model of off-site collaboration with behavioral health providers through the Texas Child Psychiatry Access Network can help primary care providers.
- Discuss the short and longer-term impacts of treatment on ADHD youth growing up.

## TARGET AUDIENCE

This course is designed for pediatricians, family physicians, and advanced practice providers delivering direct care to children.

## ACCREDITATION AND CREDIT DESIGNATION STATEMENTS

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of The University of Texas Southwestern Medical Center and Scottish Rite Hospital for Children. The University of Texas Southwestern Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

The University of Texas Southwestern Medical Center designates this live activity for a maximum of **4.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The presentations, "The Expanded Model of Adverse Childhood Experiences" and "Adolescent Substance Use and Use Disorders" have been designated by The University of Texas Southwestern Medical Center for combined **1.5** credit hours in medical ethics and/or professional responsibility.

The University of Texas Southwestern Medical Center certifies that non-physicians will receive an attendance certificate stating that they participated in the activity that was designated for **4.0 AMA PRA Category 1 Credits™**.

## EDUCATIONAL METHODS

Lectures, Case Studies, Question and Answer Sessions

## EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

## DISCLOSURE OF COMMERCIAL INTEREST

As an organization accredited by the Accreditation Council for Continuing Medical Education (ACCME), The University of Texas Southwestern Medical Center, Office of Continuing Medical Education (UTSW CME) requires that the content of CME activities and related materials provide balance, independence, objectivity, and scientific rigor. Planning must be free of the influence or control of a commercial entity, and promote improvements or quality in healthcare. All persons in the position to control the content of an education activity are required to disclose all relevant financial relationships in any amount occurring within the past 12 months with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients.

The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months that create a conflict of interest. The UTSW Office of CME has implemented a mechanism to identify and resolve all conflicts of interest prior to the activity. The intent of this policy is to identify potential conflicts of interest so participants can form their own judgments with full disclosure of the facts. Participants will be asked to evaluate whether the speaker's outside interests reflect a possible bias in the planning or presentation of the activity.

### FACULTY DISCLOSURES

The following faculty reported to have relevant financial relationships and/or intends to discuss the use of off-label or investigational use of products (**all persons in control of content not itemized below reported no relevant financial relationships**):

Speaker Name	Nature of Relevant Relationship	Name of Commercial Interest
Timothy Wilens	Professional Services (Consultant)	Arbor Pharmaceuticals Otsuka Vallon Pharmaceuticals

### DISCLOSURE OF UNLABELED USES

This educational activity may contain discussion of published and/or investigational uses of agents that are not approved by the U.S. Food and Drug Administration. For additional information about approved uses, including approved indications, contraindications, and warnings, please refer to the prescribing information for each product, or consult the Physicians' Desk Reference.

## GENERAL INFORMATION

### CME/ATTENDANCE CERTIFICATES AND EVALUATION

CME and Attendance Certificates will be available online at <http://cme.utsouthwestern.edu> after completion of the online evaluation. An account **must** be created at [cme.utsouthwestern.edu](http://cme.utsouthwestern.edu) in order to claim/view credit. Instructions are attached for creating this profile.

Online course evaluations will be available 3-5 business days after the conference. The evaluation is an important tool for assessing the effectiveness of this activity as well as for planning future activities. We value your feedback.

CME Certificates will be available **after** completion of the online evaluation.

Once you are logged in at [cme.utsouthwestern.edu](http://cme.utsouthwestern.edu), go to 'My Activities' tab, then 'Pending Activities' subtab. Click on the course title and select "take course", complete the evaluation, and claim your certificate.

### DISCLAIMER

Scottish Rite Hospital for Children & The University of Texas Southwestern Medical Center presents this activity for educational purposes only. Participants are expected to use their own expertise and judgment while engaged in the practice of medicine. Please consult full prescribing information for any drugs or procedures discussed within.

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