RIGHT 2017 : ISSUE 3

Ahead of the Game Providing world-renowned pediatric sports medicine and orthopedic care



Hospital Awarded for Patient-Centered Care

Former Patient on Track for Success

2017 : ISSUE 3 In This Issue



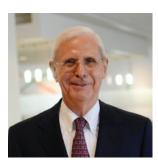
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Providing world-renowned pediatric sports medicine and orthopedic care





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A star on the Scottish Rite Hospital team

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SCOTTISH RITE HOSPI FOR CHILDREN

A MASONIC CHARITY

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On front cover: Patient Jesus, age 13, Grand Prairie

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· Letter from the President





ROBERT L. WALKER President/CE0

BEING A LEADER IN THE FIELD OF PEDIATRIC ORTHOPEDICS

is a role we embrace with confidence and humility at Scottish Rite Hospital. We are fortunate to have a world-class medical staff who are recognized nationally and internationally. We understand it is our responsibility to help in the development of new medical procedures and protocols in

our field and we take these opportunities very seriously. Another reason we are recognized as leaders in pediatric orthopedics is because of the dedicated, thoughtful leadership of the hospital's board of trustees. These individuals strongly support the hospital's patient care, research and education objectives that help define the future of our organization.

Most recently, our Chairman of the Board of Trustees, Ambassador Lyndon L. Olson, Jr., was awarded the 2017 Texas Healthcare Trustees Founders' Award. It is the highest honor awarded by the Texas Healthcare Trustees organization and is presented annually to only one trustee in the state. As a former patient, Lyndon's commitment to the hospital is exemplary and heartfelt. We could not be more pleased for him to receive such a distinct honor and well-deserved recognition. The hospital itself was recognized for an unprecedented third consecutive year by NRC Health with the National Research Corporation 2017 Excellence Award as one of the Top Performing Facilities – Children's Hospitals. This award highlights the hospital's dedication to delivering outstanding patient care. We are extremely proud of our staff and volunteers for their commitment to providing a positive experience for our patients.

In our quest to improve the lives of more children, we identified a need to provide our services in the rapidly growing northern region of the Dallas-Fort Worth area. Our nationally recognized Center for Excellence in Sports Medicine has been temporarily operating in Plano. Today, in addition to sports medicine, the hospital's other orthopedic services are offered at this location, which you will learn about in our cover story.

Thanks to the vision of our board and hospital leaders, we have plans to open the hospital's first-ever satellite facility in Frisco. On September 15, we celebrated the building's topping out ceremony. The facility is scheduled to open in the fall of 2018.

Despite the ever-changing health care delivery model, Scottish Rite Hospital continues to provide the highest quality care. As recognized leaders in pediatric orthopedics, we are committed to improving the lives of our patients and ultimately, children everywhere.

Patients McKinleigh, age 11, of Arlington; Adam (A. J.), age 8, of Rockwall; and Benjamin, age 10, of Lewisville; with the Chairman of the Board of Trustees, Ambassador Lyndon L. Olson, Jr.







L to R: Trustees Dan Davidson, Mike Gower and Graham Childress enjoy a moment with patient and new clay shoot fan Lillian, age 5, of Odessa. "We love seeing the smiles on the children's faces whenever we visit the hospital," says Gower, a longtime supporter of the event. "What Dan and Graham have done for the hospital through the clay shoot is tremendous."

> community members, gathered to brainstorm ways to raise awareness about Scottish Rite Hospital in their region of the state. On that morning, over coffee with friends, the San Angelo Sporting Clay Shoot was born. The event marks a milestone this fall as it celebrates its 20th year of helping the hospital give children back their childhood.

"It has exposed a lot of people to the hospital and the amazing work they do," Davidson says of the clay shoot. "Like the hospital, there's just something really special about this event."

And with that special brand of West Texas generosity, the clay shoot has earned a large and loyal following. In addition to San Angelo, participants come from *Celebrating 20 Years of West Texas Friendship and Philanthropy*

throughout the area and state, including Midland, Odessa, Abilene and San Antonio, making the event one of the largest of its kind in the area.

"There are places in West Texas with more jackrabbits than people but lots of folks come out for this," says Gene Sherrod, M.D., who has been involved with the clay shoot since the beginning and has attended all 19. "When an event helps a hospital that cares for so many kids, people want to support it."

The spirit of the clay shoot mirrors the collaborative nature of the hospital itself. "All the volunteers, from the local community and beyond, have been key to our success," Childress says. "Over the years, it has become a tradition."

This family-friendly event is open to all ages, with adult supervision, and all skill levels. It includes a full day of activities and features a live and silent auction, with all proceeds benefiting the hospital. We are excited to celebrate its 20th anniversary on Saturday, October 14, at the San Angelo Claybird Association Range in San Angelo. Visit scottishritehospital.org/clayshoots for details or call our Development department at 214-559-7684. •

Scottish Rite Hospital staff, who have worked and volunteered at the San Angelo Sporting Clay Shoot throughout the years, express their gratitude to all who have made this event a success.

am HOSPITAL TRUSTEES shoot Graham Childress and Dan Davidson, and along with a handful of philanthropic colleagues and

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Cards may also be purchased at the hospital gift shop.





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DANIEL J. SUCATO, M.D., M.S. Chief of Staff

Educating the Orthopedic Leaders of Tomorrow

FOR ALMOST 40 YEARS,

Scottish Rite Hospital has been dedicated to training the pediatric orthopedic surgeons of the future. **The Dorothy & Bryant Edwards Fellowship in Pediatric Orthopedics and Scoliosis** encompasses the hospital's commitment to education and provides each trainee the opportunity to treat

the entire patient through clinical expertise, compassionate care and leading-edge research.

Every August, the hospital welcomes five new fellows to the orthopedic team. Over the next year, the trainees go through a rigorous training program. Highlights of the experience include hands-on, guided participation in

surgical procedures from the straightforward to the complex, developing patient treatment plans and being side-by-side with expert orthopedic staff in a variety of hospital settings. In addition, the hospital's commitment to research gives each fellow the opportunity to work on a research project of their choice, many of which are published in well-known orthopedic journals.

As fellows come and go through our doors, several have returned to the hospital to join

The 2017-18 class of the Dorothy & Bryant Edwards Fellowship L to R: Ian Corcoran-Schwartz, M.D.; Jeffrey Peck, M.D.; Lorena Floccari, M.D.; Surya Mundluru, M.D. (John and Ellen McStay Fellowship); and Dustin Greenhill, M.D. our world-renowned medical staff. Scottish Rite Hospital's Medical Director of Ambulatory Care, **Brandon A. Ramo, M.D.,** completed his fellowship in 2011. As a key member of our Center for Excellence in Spine and an advocate for the hospital's early onset scoliosis patient population, this former fellow embodies the program's success.

Recently, Ramo traveled to Beijing to share his expertise on early onset scoliosis treatments at the **third China International Forum of Pediatric Development.** Now as a staff orthopedist, his dedication to patient care, education and research allows him to teach our current fellows as well as medical professionals around the world.

Our mission to educate and teach the next generation of pediatric orthopedic surgeons is at the heart of Scottish Rite Hospital. It is through our fellowship that we can share our expertise and thus, provide the best care to children here and around the world.



HOSPITAL PIONEER



Clifford F. Jessee | 1898 – 1981

HOSPITAL TRUSTEE CLIFFORD F. "C.F." JESSEE exemplified the word commitment throughout his life. He was born in New Orleans, Louisiana, and it was there that he began a 35-year career with the Ford Motor Company in 1923.

He developed assembly line systems that were used in Ford plants across the U.S. In 1941, he moved to Texas as the manager for the car manufacturer's Dallas plant.

Once retired, this Scottish Rite Mason dedicated his time generously to the Dallas

community and Scottish Rite Hospital. Jessee served as vice president of the hospital's board from 1967 until his death in 1981. During his board service, he guided construction of the hospital's power plant, which served the organization's needs for more than 40 years.

He was also a devoted husband to his wife of 64 years, Miriam, and a loving father to their daughter, Betty.

From a life of faithful service, this pioneer's commitment to the patients and families of Scottish Rite Hospital lives on today. •

Scottish Rite Hospital Recognized for Outstanding Patient Care for Third Consecutive Year

NRC HEALTH (THE NATIONAL RESEARCH CORPORATION) has

recognized Scottish Rite Hospital for its dedication to providing an exceptional care experience for patients and their families. For an unprecedented third consecutive year, the hospital was selected as a recipient of the 2017 Excellence Award as one of the Top Performing Facilities –



Patient Yaire, age 16, of Dallas, receives care from Scott Oishi, M.D., F.A.C.S., director of the hospital's Charles E. Seay, Jr. Hand Center.

Children's Hospitals. From an extensive group of institutions ranging from specialty hospitals to large health care systems, Scottish Rite Hospital was one of only two pediatric institutions selected for the Excellence Award.

This award acknowledges elite organizations which have received the highest overall patient satisfaction scores.

"Our commitment to quality, patient-centered care, performance improvement and teamwork has translated into a positive experience for the pediatric orthopedic patients we treat and their families," says Lori A. Karol, M.D., assistant chief of staff and medical director of Performance Improvement. Kerry Wilder, the

hospital's director of Performance Improvement, agrees and is honored for the hospital to have received this prestigious recognition. "Receiving this award gives the hospital the opportunity to be recognized as a leader in providing quality care, which is at the forefront of our mission," Wilder says. •

Sucato is Key Presenter at International Spine Conference

RECENTLY, SCOTTISH RITE HOSPITAL'S CHIEF OF STAFF, Daniel J. Sucato, M.D., M.S., traveled to Cape Town, South Africa, to represent the hospital at the 24th annual International Meeting on Advanced Spine Techniques (IMAST) conference. This meeting brings together spine surgeons and other medical professionals from around the world to discuss the latest spine techniques, treatments and research.

Sucato and the spine research team's most recent work in reviewing the hospital's experience and expertise in spinal cord monitoring during scoliosis surgery was selected as one of the top scoring abstracts for presentation. The project, "Neuromonitoring for AIS: A 20-year Analysis of Adolescent Idiopathic Scoliosis Patient Incidence of Critical Changes and Predictive Factors to Define Patients at Risk," analyzed more than 1,700 patients and demonstrated a very low number of incidents during surgery. This allowed the surgical team to respond to those changes and as a result, no loss of neurologic function occurred in this patient group over the 20-year time period. "It is an honor to have the opportunity to share our expertise," says Sucato. "This neuromonitoring study is the longest review of AIS patients that we have ever conducted. It allows us to provide better care to this patient population not only at Scottish Rite Hospital but to children everywhere."



Chief of Staff Daniel J. Sucato, M.D., M.S., performing surgery with former hospital orthopedic fellow Andrew Tice, M.D.

Ahead of the Game

Providing world-renowned pediatric sports medicine and orthopedic care

By Maggie Dingwell

Jesus, age 13, Grand Prairie Patient of the Center for Excellence in Sports Medicine (Plano)

"Soccer is my life. My ACL injury was a complete surprise and I was worried I wouldn't be able to play again. I knew I was in good hands with Dr. Ellis. He walked me through my treatment plan and in just eleven short months, I was back to playing the game I love."



FOR MORE THAN 95 YEARS, SCOTTISH RITE HOSPITAL

has been at the forefront of innovation and expertise in pediatric orthopedics. The hospital has achieved this leadership role through its unwavering commitment to patient care, research and education. Those same guiding principles are also shaping the future of the hospital's Orthopedic and Sports Medicine Center. As the field of sports medicine continues to evolve, so too does the hospital and the community it serves. That is why we are excited to offer our world-renowned care in Plano today and transition these services to our new facility in Frisco next fall.

"We are always looking ahead to see what's next, so we can anticipate the needs of our patients and how to effectively treat them," explains Philip L. Wilson, M.D., assistant chief of staff and sports medicine orthopedist. "We adapt quickly to provide the best care, whether it's through injury prevention or providing treatment after an injury occurs. We make sure these active kids are in good hands every step of the way."

Like our athletes, Scottish Rite Hospital physicians have been ahead of the game since 2003 when the field of pediatric sports medicine began to take shape. The hospital's expert staff noticed a change in the type of injuries active adolescents were sustaining as they began to focus on a single sport year-round. The repetitive stress on these growing bones caused an increase in overuse injuries.

The Center for Excellence in Sports Medicine team, L to R: sports medicine physicians Shane M. Miller, M.D., and Jane S. Chung, M.D., with sports medicine orthopedist and center Director Philip L. Wilson, M.D., and sports medicine orthopedist Henry B. Ellis, M.D.

"We continue to learn more about the toll it takes on an adolescent's body to perform the same series of motions over and over, in many cases, for years," says Wilson. "A big part of what we do for our patients centers around education."

To that end, the hospital's nationally recognized Center for Excellence in Sports Medicine team regularly hosts and participates in community educational events. This group of pediatric orthopedic sports specialists are committed to promoting safety and awareness. The goal is to inform young athletes, families, coaches and athletic trainers about the importance of proper nutrition, hydration and stretching exercises to prevent an injury.

"We understand that what may be effective in some cases doesn't work in all cases," explains Wilson. "That's why we specialize in developing individualized treatment plans for our patients to care for every aspect of their recovery."

Research plays a key role in developing innovative, custom treatments designed to return young athletes back to the game in a safe and timely manner.



The team conducts studies that are recognized by physicians throughout this medical specialty, establishing protocols that benefit our patients as well as active adolescents across the country. Research topics include concussions, anterior cruciate ligament (ACL) reconstruction and other sports-related subjects.

"We are sharing our research at national conferences with fellow medical professionals to bring better care to young athletes everywhere," says sports medicine orthopedist Henry B. Ellis, M.D. "We want to be the drivers of that information."

Ellis was recently featured in U.S. News & World Report in an article addressing the continued rise of ACL tears in children. "There is a significant difference in treating a skeletally immature adolescent versus an adult," Ellis explains. "Anytime you are dealing with growth-plate issues you are talking about treatments that will influence the longterm musculoskeletal development of these kids."

The center is also highly regarded for its work in concussion research, which includes looking at the effects of returning to play, recovery time and longterm outcomes after an injury. Our pediatric sports medicine physicians Shane M. Miller, M.D. and Jane S. Chung, M.D., specialize in evaluating post-injury symptoms in young athletes and deciding whether the player is ready to return to competition.

For the second consecutive year, the American Academy of Pediatrics invited our sports medicine team to present their concussion study findings at their national conference and exhibition. From more than 2,000 submitted abstracts, the team's research on female soccer players was selected for presentation. "Despite a rise in concussions, the culture in athletic competition is for players to tough it out and stay in the game," says Miller. "Understanding the warning signs of a concussion is crucial for the overall safety and well-being of these young competitors. Our team is dedicated to raising awareness within both the medical and athletic communities."

The Orthopedic and Sports Medicine Center staff understand accidents still happen – whether a child participates in athletics or not. That's why the center features a Fracture Clinic, designed to handle those mishaps. Our fellowship-trained pediatric orthopedic specialists are ready to diagnose, treat and manage fractures to address the unique aspects of each child's injury.

In addition to this service and its expert sports medicine practice, the Plano facility also offers hand and general orthopedic services. This access to Scottish Rite Hospital's team of pediatric orthopedists allows the center to serve more patients and their families.

The Plano practice upholds the core principles of the hospital through its ongoing education initiatives within the community and its innovative research specific to sports-related injuries. The services and expertise provided at the current Plano campus will be the anchor for the future Orthopedic and Sports Medicine Center being built in Frisco. We are excited for what is to come as we continue providing worldrenowned pediatric orthopedic care to children and young athletes throughout the region.

"After our son's concussion, we felt helpless," Rocco's mother, Elisabeth, says. "A baseline test before starting sports and an exam by a specialist *after* the emergency room are both critical. We were impressed and comforted by the caring staff."



Shane M. Miller, M.D., with Rocco, age 12, Frisco Patient of the Center for Excellence in Sports Medicine (Plano)



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HALL ARTS

VOLVO



L to *R*: Patients Caroline, age 15, of Mansfield; Connor, age 15, of River Oaks; and IIa, age 16, of Jacksonville



Patient Uchechi, age 15, of Grand Prairie

JCPenney's Successful Bridges Fashion Show

Since 2008, JCPenney has put Scottish Rite Hospital patients in the spotlight modeling back-to-school apparel at its annual Successful Bridges Fashion Show. This year the show marked a 10th anniversary milestone, which was celebrated with a donation to the hospital of \$10,000. The special event featured 20 patients who are part of a hospital program designed for patients with spina bifida. The Successful Bridges initiative assists teens in "building bridges" to self-sufficiency as they transition into adulthood. Thank you, JCPenney, for a decade of support!



Participants Kayla, Ariana, Lexi and Elle, all age 9, of Frisco

KidSwing

KidSwing

THIS SUMMER, KIDSWING

celebrated its 15th anniversary and surpassed the \$2 million mark in funds raised since its founding. More than 200 kids helped other kids through golf tournaments held in Dallas, Trophy Club and



Frisco. Special thanks go to KidSwing sponsors Ashley's Buddies Golf Tournament, GEICO and Janet and Joe Tydlaska. Other tournament supporters include DAVACO, Inc.; Hogue Insurance Agency, Inc.; Mr. and Mrs. Perry Senn; and Wise Orthodontics, P.A. This year's proceeds of more than \$100,000 benefited the hospital's Center for Excellence in Limb Lengthening. •



Local artists made a tremendous showing in support of the hospital.

SUMMER COLORS AN ART AUCTION

SCOTTISH RITE HÖSPITAL

Summer Colors – An Art Auction

Participant Spencer, age 5, of Carrollton

ON JULY 27, Hospital Friends

had a chance to show their support and meet local artists at the ninth annual Summer Colors. A total

of 37 artists, including former patients, donated their work for the silent art auction. The event was founded by Jenny and Loren Koziol and Jill and Dupree Scovell. Special thanks to the Koziols and Nicole Marrow Davis for being the chairs of this event, which has raised more than \$105,000 for the hospital since its inception. O

Junior Volunteer Appreciation scottish rite hospital hosted 250 teens,

Bernice and Brudus Meyerson Volunteer at SCOTTISH RITE HOSPITAL

ages 14 to 17, this summer as participants

in The Bernice and Brudus Meyerson Junior Volunteer Program. This philanthropic group represented more than 80 Dallas-Fort Worth area high schools and gave more than 7,500 hours of their time to the hospital. Thank you, junior volunteers! •

L to R: Siddhi, age 17, of Plano; Allison, age 16, of Richardson; Meg, age 16, of Dallas; and Lydia, age 17 of Carrollton





Dallas Mavericks dancers and Mavs ManiAACs got the Frisco Neighborhood Block Party started with patient Blake, age 13, of Frisco, and his siblings Brayden and Bailey.

Frisco Neighborhood Block Party

SATURDAY, SEPTEMBER 9, SCOTTISH

RITE HOSPITAL hosted a Neighborhood Block Party to meet friends near our future Frisco campus and create awareness about our services. This fun and informative event was held at Frisco High School and was open to local organizations, companies and families. We are excited to be a part of the Frisco community! O

Many Ways to Contribute to the 2017 BMW Dallas Marathon

AT DALLAS'S LARGEST ANNUAL RACE, you don't have to be a runner to support the primary beneficiary, Scottish Rite Hospital. Walking, volunteering or cheering for participants are all meaningful ways to get involved in the 2017 BMW Dallas Marathon, Sunday, Dec. 10. Visit bmwdallasmarathon.com to make a donation, launch an online fundraising campaign or register to run, walk or volunteer. •





Hospital President/CEO Robert L. Walker, Dallas Mayor Mike Rawlings and 2016 Jr. Race Director and patient Jax, age 16, of Dallas



Joe H. Tydlaska

Member of the Scottish Rite Hospital Board of Trustees Since 2008

TRUSTEE JOE H. TYDLASKA is a resident of Dallas, where he has established a long and successful career in the accounting field. Some may be surprised to learn that this bright, numbers-savvy gentleman also knows a thing or two about basketball. In fact, he held an influential role in the game at the college level for more than three decades. Although his name hasn't graced the back of a jersey, he is the ultimate team player. His respect for camaraderie and hard work are evident in his devotion to his college alma mater, his community and Masonry. As a trustee, he scores big every time with Scottish Rite Hospital and the patients it serves.

TRUE TO YOUR SCHOOL

Tydlaska graduated from Texas A&M University and served in the U.S. Coast Guard. "There's tradition there," he says of the university. "My classmates and I have remained very close." In 1963, Tydlaska began a prosperous accounting career in Dallas and presently consults for a long-term oil and gas client. "I've been fortunate," he says. "But I've discovered the harder you work — the luckier you are."

KEY CONTRIBUTOR

Tydlaska received the Cliff Wells Award for outstanding contributions to college basketball, as a 35-year National Association of Basketball Coaches board member. "I'm passionate about the sport at all levels," he says. He and his wife, Janet, are also original ticket holders of the Dallas Mavericks.

INSPIRING COACHES

As a CPA, Tydlaska worked for Dallas businessmen and Scottish Rite Masons A.F. Holman and Leon V. Shaw, who was a hospital board member. "They taught me to always help a person who needs help," he says. Both Tydlaska and his wife have Masons in their families. It was Holman and Shaw who ultimately inspired him to become one, which he did in 2002. "It's made me a better person," he says of Masonry.

A GENEROUS TEAM

The Tydlaskas will celebrate their 50th anniversary next year. Serving others has been a theme of their marriage. They support the hospital's KidSwing Golf Tournaments, Treasure Street event and other programs. They are members of the President's Research Council of UT Southwestern Medical School and are committed to other causes as well. "Giving was just something that was instilled in us," he explains.

LOYAL FAN OF SCOTTISH RITE HOSPITAL

"I am honored to serve on the hospital's board," Tydlaska says. "The children receive the absolute best care." He looks to the hospital's future. "This is a wonderful place and we must continue to grow, promote our research and make it even better in the future." O

Former Patient Represents the U.S. at International Games

EXCELLING AT THE SPORT OF TRACK has put former

Scottish Rite Hospital patient Tanner Wright on an international stage. Wright, age 19, of Fort Worth, recently returned from London, where he represented Team U.S.A. at the 2017 World Para Athletics Championships. He was one of seven first-time team members.

Wright was born with arthrogryposis, a rare condition that can cause curved or hooked joints and limited joint motion. Because of this condition, his left arm didn't fully develop but that has not held him back.

"The mindset was never that it was a challenge," Wright says. "I just look at it as part of life."

Football is another part of life for the McMurry University sophomore. Wright is a kicker on the War Hawks football team. His teammates cheered him on from across the pond.

In his track division, Wright finished fourth in running in both the 100- and 200-meter races. He was also the youngest competitor in the 100-meter championship race.



Former patient Tanner (at left) says he felt honored to be part of Team U.S.A. at the international competition.

"It was an unreal experience," he says. "I'll remember it for the rest of my life."

He believes that being a Scottish Rite Hospital patient and a hospital hand camp counselor are the main reasons he competes today.

"In track, I needed that extra support and motivation," Wright explains. "For that, I've relied on my memories of the inspiring kids at hand camp."

Tanner hopes to inspire people of all ages to embrace their differences. He plans to continue that mission by competing in the Tokyo 2020 Paralympic Games. •

Frisco Campus Construction Update

ON FRIDAY, SEPT. 15, WE CELEBRATED THE TOPPING OUT

of our Orthopedic and Sports Medicine Center under construction in Frisco. The project marked a milestone with the ceremonial topping of the structure. Hospital leaders, Frisco city officials, representatives from The Beck Group and HKS, Inc. as well as more than 300 construction workers were in attendance.

The next phase of the building process will include roof completion, interior framing and exterior masonry. The facility is scheduled to open in the fall of 2018. •



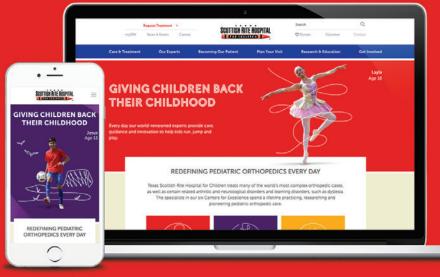


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Image: constraint cons

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ABOUT TEXAS SCOTTISH RITE HOSPITAL FOR CHILDREN •••

Texas Scottish Rite Hospital for Children is one of the nation's leading pediatric centers for the treatment of orthopedic conditions, sports injuries and fractures, as well as certain related arthritic and neurological disorders and learning disorders, such as dyslexia.

Since its inception in 1921, the hospital has provided medical care for more than 250,000 children. Patients receive treatment regardless of the family's ability to pay. Are you receiving duplicate mailings or need to correct your name, title or address? Please send corrections to P.O. Box 199300, Dallas, Texas 75219-9842 or call 800-421-1121, ext. 7650.

Texas Scottish Rite Hospital for Children is a 501(c)(3) nonprofit organization.