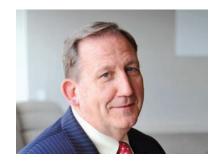




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On front cover: Patient Shayley, age 11, of Plano

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Letter from the President









ROBERT L. WALKER
President/CFO

LAST YEAR AT THIS TIME,
WE CELEBRATED THE GRAND
OPENING of our Scottish Rite
for Children Orthopedic
and Sports Medicine
Center in Frisco. We've
accomplished many things
in this inaugural year. As a
result, our Frisco facility has
become an integral part of
this rapidly growing region
and we are excited for what
the future holds.

In our first year of operation in Frisco, we had nearly 24,000 clinic visits, caring for children and young athletes throughout the area. We offer each of these patients an individualized treatment plan and many on-site services to deliver exemplary sports medicine and orthopedic care.

After a playground fall, patient Ethan (pictured below) and his family were grateful for the convenience of our Frisco facility's Fracture Clinic and in-house radiology services. Learn more about Ethan in this issue's Patient Spotlight feature.

Our care extends beyond our walls, into the community. Our sports medicine experts meet regularly with local teams, coaches and parents about key youth sports concerns, such as injury prevention and nutrition. We also host a monthly educational series for area health care professionals at our Frisco facility that addresses emerging medical topics.

Our commitment to community health was demonstrated this spring with the opening of our

Frisco playground. It is open to the public for children of all abilities to enjoy. The campus also features walking and running trails and a U-11 youth soccer field, used for coaching and injury prevention workshops.

Whether a child is or is not a patient, they can benefit from many of our resources. That is the Scottish Rite way, just as it has been since 1921.

Being a community partner is something we have always valued. That is why I am extremely pleased to share with you that we have joined with Baylor Scott & White Sports Therapy & Research at The Star, the Dallas Cowboys World Headquarters, in Frisco. This is a first-of-its kind collaboration between these two prestigious sports medicine providers. Beginning this fall, our expertise in pediatric sports medicine and orthopedics will complement BS&W's outstanding adult-focused practice, creating a seamless care experience for athletes of all ages.

As we reflect upon our first year in Frisco and plan for the 2021 centennial of our organization, we do so with appreciation and anticipation. We are grateful for the opportunity to expand our reach, serve the community and improve the lives of many more children in the years ahead.

Boh



Orthopedic technician Jose Munoz prepares patient Ethan, age 9, of Richardson, for cast removal. Ethan received care from our fracture clinic located at Scottish Rite for Children Orthopedic and Sports Medicine Center in Frisco.

James C. Penn

Member of the Scottish Rite Hospital Board of Trustees Since 2016

WHEN TRUSTEE JAMES "JIM" C. PENN DOES SOMETHING, HE DOES IT ALL THE WAY. At age 26, he cofounded an accounting firm that is now one of the largest in the country. In his 40s, he decided to fly and earned his private pilot's license in less than 45 days. But it was at the young age of 14 when he took a step toward one of his biggest all-the-way moments — joining a youth fraternal organization called the Order of DeMolay. There, he enthusiastically learned leadership skills, practiced community service and developed core values that would shape his life. He rose to the group's highest state office and helped Scottish Rite Hospital become its philanthropy. Now, as a trustee, he is supporting Scottish Rite Hospital once again and naturally, he's doing it all the way.

YOUNG ENTREPRENEUR

Penn is a Houston native and University of Houston accounting graduate. He and fellow accountant and DeMolay friend, B. Glen Whitley, cofounded their firm, Whitley Penn, in Fort Worth in 1983. "We didn't intend for the firm to be this big," Penn says. "We just planned to provide great service to our clients and a solid career path to anyone we hired." Penn fosters an entrepreneurial spirit among his staff and remains an active partner in the firm.

MASONIC BOND

The day he turned 21, Penn petitioned to become a Mason. "Outside of my parents, the Masonic advisors who supported DeMolay were my role models," Penn says. "I wanted to give back." Penn's father petitioned the same day and together, the two became Masons.

CIVIC DUTY

Giving back to the community and serving others is a priority for Penn. He has served on area bank and hospital boards as well as his local chamber of commerce. "One of the things we've instilled at the firm is — if you join an organization, be active in it," Penn says. "Then you're contributing something."

FLYING RIGHT

Penn volunteers his time and flying talents conducting charity flights, which provide military veterans and others access to medical care. His wife, Laura, accompanies him whenever possible. "One of our beliefs is, 'Do the right thing,' " Penn explains. "I see it in practice at the hospital as well. The focus is always on doing what's best for the patients."

HOSPITAL CONNECTION

"I've always held the hospital in high regard because of what it does for children," Penn says. "It's interesting that all those years ago, when I was the State Master Councilor of DeMolay, our focus was to raise money for the hospital and now to be a trustee, it's the ultimate honor."



2019 Holiday Ornament

GREET THE HOLIDAY SEASON WITH THE PURCHASE OF

a 2019 commemorative ornament. This bright, cheerful, 3-D wreath captures the welcoming spirit found at Scottish Rite Hospital all year long.

Purchase your annual collectible ornament for \$24.00 at our Dallas and Frisco gift shops or call 214-559-7825 to order by phone. Ornaments will be available November 15.



the hospital – order today!

To celebrate the boliday season,

a gift in your honor has been made to Texas Scottish Rite Hospital for Children by

Grandma & Grandpa



Gift-in-Your-Honor Holiday Cards

GIVE A MEANINGFUL GIFT THAT YOUR FRIENDS, FAMILY AND COLLEAGUES WILL TREASURE — a donation to Scottish Rite Hospital made in their honor. The hospital will acknowledge your donation by sending a gift-in-your-honor holiday card to your list of recipients.

Please visit scottishritehospital.org/give, print the gift card order form and mail it to the address listed on the form, or call 214-559-8323.

Register Today!



Friday, December 13

11:30 a.m. - 2:00 p.m.

Family Day

Saturday, December 14

10:00 a.m. – **12:00** p.m. OR **2:00** p.m. – **4:00** p.m.

Both Events Include:

- Choice of Gingerbread House or Gingerbread Man
- 5,000 pounds of candy for decorating
- Photo with Santa and more!

These events sell out quickly! Learn more and register at scottishritehospital.org/cookiesandcastles.

Creating Access to Comprehensive Care



DANIEL J. SUCATO, M.D., M.S. Chief of Staff

AT SCOTTISH RITE HOSPITAL, we are committed to a multidisciplinary approach to care. Throughout the years, our team of experts has recognized the importance of collaboration to provide convenient, world-class treatment to children and young athletes.

With a focus on providing

innovative care, we understand the value of accessibility for our families. As we approach the first anniversary of Scottish Rite for Children Orthopedic and Sports Medicine Center opening in Frisco, we have had the opportunity to expand our expertise and care for more children.

Anchored by the hospital's Center for Excellence in Sports Medicine, the Frisco campus is a state-of-the-art facility that treats a young athlete's every need – before and after an injury. However, our expertise doesn't stop there.

The world-renowned orthopedic care provided at our Dallas campus is also available at our Frisco location to serve children and adolescents in the northern region of the metroplex. The same emphasis on collaboration and a multidisciplinary approach extends to Frisco, so we can help each patient return to doing what they love.

A good example of this comprehensive care and accessibility is the Orthotics and Prosthetics (O&P) lab located at the Frisco campus. Fully equipped with the leading-edge capabilities of our Dallas location, the lab provides another access point to care for our patients.



Our skilled orthotists and prosthetists can collaborate directly with the doctors and others to make sure each device or brace accomplishes what is needed for a patient's or young athlete's goals. The O&P department in Frisco provides ease and convenience to our patients and their families.

For almost 100 years, our mission to care for all aspects of a child's condition is what continues to set us apart.

As we mark the Frisco facility's first year of operations, we are excited for the future and the opportunity to expand our expertise and provide accessible, innovative care throughout Texas and beyond.



L to R: Fellows: Louis Bezuidenhout, M.D.; Melissa Esparza, M.D.; Erin Honcharuk, M.D.; Elaine Tran, M.D.; and Bobby Palmer, M.D.

Scottish Rite Hospital Welcomes 2019-20 Fellows

THE HOSPITAL IS PLEASED TO HOST A NEW CLASS OF FELLOWS who have been accepted into one of the nation's most prestigious pediatric orthopedic fellowships — the hospital's Dorothy & Bryant Edwards Fellowship in Pediatric Orthopedics and Scoliosis. The hospital has welcomed a new group of fellows each August since Chief of Staff Emeritus John A. "Tony" Herring, M.D., founded the program nearly 40 years ago.

In addition to receiving an immersive expert training experience, each fellow also conducts a research project. The fellowship is an all-encompassing, enriching educational experience.

Once the year-long fellowship is complete, these physicians will share their knowledge and Scottish Rite Hospital's expert care with children across the country and around the world.

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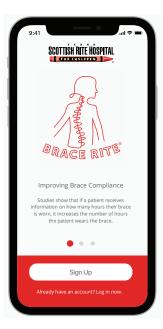
Brace Rite[™] Becomes Newest Innovation to Scoliosis Treatment

OUR CENTER FOR EXCELLENCE IN SPINE is internationally recognized for its expertise in treating a wide range of spinal deformities. Based on the results of the center's ongoing research, the hospital recently launched an app for scoliosis bracing called Brace Rite[™]. This leading-edge technology provides an easy way to track the number of hours a child is wearing their brace.

Rather than waiting until the patient's next appointment, the app reveals real-time data captured from the sensor attached

to the brace. It also reminds parents about the prescribed number of hours the child should be wearing the brace.

"Innovation and collaboration allowed this idea to come to life," explains Assistant Chief of Staff Karl E. Rathjen, M.D., one of the experts involved with the development of Brace Rite™. "We are excited to provide this app as a helpful resource for patients going through scoliosis bracing, ultimately keeping them accountable throughout their treatment to have the best results." ○



Tulchin-Francis Selected as Ambassador for International Organization

DIVISION DIRECTOR OF MOVEMENT SCIENCE KIRSTEN TULCHIN-FRANCIS, PH.D., was recently selected as an IF/THEN



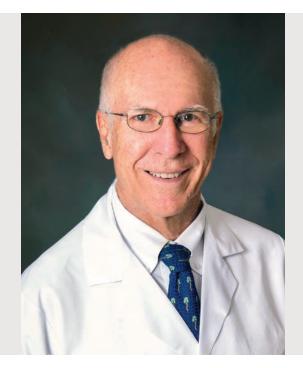
Kirsten Tulchin-Francis, Ph.D.

Ambassador for the American Association for the Advancement of Science (AAAS).

Established in 1848, AAAS is a worldwide organization dedicated to advancing engineering, science and innovation for the benefit of all people.

The IF/THEN Ambassador program is a branch of the organization's mission to empower women in the fields of science, technology, engineering and mathematics (STEM) to inspire the next generation. The program brings together 125 women from STEM careers across the country to serve as role models for middle school girls.

"The STEM fields need more women to teach and lead the next generation of young girls," Tulchin-Francis says. "It's an absolute privilege to be selected as a program ambassador."



Herring Receives Prestigious Educational Honor

HOSPITAL CHIEF OF STAFF EMERITUS JOHN A. "TONY" HERRING, M.D., recently received the University of Texas System's highest educational honor – the Regents' Outstanding Teaching Award (ROTA), during the organization's annual meeting in Austin, Texas.

The ROTA is one of the nation's most prestigious awards of its kind. Each year, educators from each UT institution are selected, based upon his or her exemplary classroom performance and innovation in teaching undergraduate students. Herring was among 27 educators from the UT System's 14 academic and health institutions to receive this distinguished award.

"Dr. Herring's commitment to providing compassionate patient care is an inspiration," says hospital Chief of Staff Daniel J. Sucato, M.D., M.S. "He has given that same dedication to the hundreds of fellows and residents he has taught throughout the years. From his patients, students and colleagues – we are all privileged to know and work alongside him."

5



Simply the Best



PATIENT SHAYLEY SAT CROSS-LEGGED ON A BRIGHT RED MAT.

fidgeting. Every few seconds, she glanced at the clock, ticking steadily on the gym wall. Even for a gymnast like Shayley, who competes at the highest levels, being interviewed about your hospital journey can be a little nerve-racking. It's not something that happens every day. Nor is it common for a young person sharing their story to say, "I have to be done soon." It turns out, Shayley's main concern wasn't the interview, it was missing practice time in the gym. Because balancing priorities matters — when you want to be the best.

"She's determined to do everything possible to be the best she can be when it comes to life and gymnastics," her grandmother Dee Dee says. "She's a stickler for the details, both in and out of the gym, and has the medals and GPA to prove it."

Shayley, age 11, of Plano, is a level-nine gymnast. At level 10, the highest rank, gymnasts enter an exclusive realm of Olympic hopefuls. Shayley and her teammates at the World Olympic Gymnastics Academy (WOGA) in Plano spend upwards of six hours a day, six days a week, at the gym. They also juggle a full class load between

practices. It's a tough balancing act, but Shayley maintained a 94-percent grade average during the last school year.

Her current schedule might have been predictable based on her early days as a gymnast where, at age 3, she was immediately smitten with the sport. Shayley makes no apologies for her choice.

"It's what I love to do," she says. "It's fun. It's crazy. It's scary." With her trademark smile, she shares how important her teammates are to her. "We've had some rough times together, but we love each other," she says.

Some of those rough times include overcoming injuries that are inherent to the sport. Fortunately for Shayley, her setbacks have been addressed with the help of the outstanding team at Scottish Rite for Children Orthopedic and Sports Medicine Center in Frisco. Philip L. Wilson, M.D., assistant chief of staff and director of the Center for Excellence in Sports Medicine, is Shayley's physician and an expert in the treatment of elite athletes.

Like many competitive gymnasts, Shayley has experienced falls and overuse injuries. In her case, she has had surgeries on both elbows and her left knee.





Sports physical therapist Lorenzo Vite and the therapy team create customized programs for young athletes like Shayley.

"Shayley really represents a spectrum of injuries: trauma, repetitive stress and stress during developmental cartilage growth, which we see in our athletic population and that we're specially equipped to take care of at our facility," Wilson explains. "Whether it be our physical therapy services, our imaging services or our surgical services, Shayley has had the benefit of all of those."

While recovering from a recent procedure, Shayley spent time with her Scottish Rite for Children sports physical therapist, Lorenzo Vite, to work through inflammation in her wrist. Regardless of the challenges, nothing keeps Shayley away from the sport she loves for long. "It would almost be natural for a girl to say, 'I'm going to try something else,' "her mom, Haley, explains. "But no. She just keeps asking Lorenzo what she can do and when."

The Center for Excellence in Sports Medicine not only provides a multidisciplinary team approach, but also the individualized care that caters to an athlete's every need — and handles it all under one roof in Frisco.

These services include physical therapy, from which Shayley has benefited. In addition, the Frisco campus offers a Fracture Clinic with walk-in hours, a state-of-theart Movement Science Lab, radiology services, indoor and outdoor running tracks, and outpatient surgeries.

Marking the first anniversary of the opening of the Frisco facility, the sports medicine team celebrates its participation in widespread community outreach programs. Relationships with the Mavs Basketball Academy, the Dallas Texans Youth Soccer Club, Texas Warriors Youth Hockey Club and Irving ISD are key to connecting with local young athletes and families. The team has also collaborated with a group at Shayley's gym, the WOGA Parents' Club.

Sports medicine team members provide expert care for athletes at the Frisco facility, but they also serve another important role — educating pediatricians, therapists, athletic trainers, school nurses, coaches, parents and each other. That ongoing education allows them to improve the lives of more athletes and, in many cases, help prevent injuries from occurring in the first place.

Another exciting development is taking place this fall. We have joined with Baylor Scott & White Sports Therapy & Research at The Star in Frisco. Our expertise in pediatric sports medicine and orthopedics will complement BS&W's outstanding adult-focused practice, creating a seamless care experience for athletes of all ages.

Our involvement in numerous aspects of the sports medicine community ultimately benefits the young athletes we serve.

"Shayley is a great example of how our institution can connect with the community and the special types of kids that we have," Wilson says. "She brings that spirit of athletic competition and joy and is a delight to take care of."

"The communication between the doctors, physical therapists and WOGA coaches is working very well," WOGA coach Josh Jeffries says. "Shayley has matured and learned a lot about herself through her injuries. It's a credit to her spirit and motivation. Every day, she's 100 percent 'in.'"

Shayley hopes to go to college on a gymnastics scholarship one day, but until then she has plenty of time to hone her skills. "Scottish Rite changed my life by making me able to do everything in gymnastics that I wanted to do," Shayley says. "My goal is to be the best I can be."





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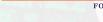
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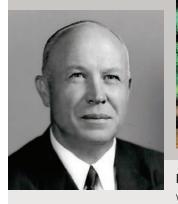
ANNETTE SIMMONS





American Airlines







ROBERT LEE LOCKWOOD (1901 – 1980) was born in Waco, Texas, where

he would go on to become a highly respected businessman, community leader and Freemason. He enjoyed a prosperous career in the savings and loan field and is also credited for the financing and construction of more than 1,000 homes in the Waco area.

His Masonic service was likewise distinguished. He held the highest state-level offices — the Grand Master of the Grand Lodge of Texas and the Sovereign Grand Inspector General

of the Scottish Rite Orient of Texas. Lockwood's exemplary leadership led to his role as Chairman of the Scottish Rite Hospital Board of Trustees from 1965-73.

This year marks the 50th anniversary of the Lee Lockwood Library and Museum (pictured above), named in his honor and located in downtown Waco. The building recognizes the Masonic contributions of Lockwood and other Scottish Rite leaders. It also features a colorful mural depicting the early history of Scottish Rite Hospital, which was founded by Masons nearly 100 years ago. •



THURSDAY, JULY 25, WE ENJOYED FUN, FOOD AND

FINE ART at our annual Summer Colors Art Auction. This event showcased the work of 36 up-and-coming local artists who collectively donated 58 paintings. All auction proceeds benefit the hospital. This colorful event has raised more than \$165,000 for Scottish Rite Hospital since its inception.



Dallas-area artists share their time and talent to support Scottish Rite Hospital.



Artist and event cofounder, Jenny Koziol







Run BIG, Run Dallas!

JOIN US FOR DALLAS' LARGEST AND TEXAS' OLDEST MARATHON — the 49th annual BMW Dallas Marathon, on Sunday, December 15! Since 1997, Scottish Rite Hospital has been the primary beneficiary of this incredible event, which has contributed more than \$4 million to support our patients.

To learn more about our patient champions and junior race director and make a donation in their honor, visit scottishritehospital.org/marathonfundraising. O

The BMW Dallas Marathon Junior Race Director, patient Martine, age 14, of Burnet, poses with a specially designed vehicle used to promote the race.

"We Are More" Talent Show

IN 2016, PATIENT DIVYA, of Frisco, now age 18, founded the "We Are More" Talent Show to feature the skills and gifts of fellow patients. Now in its third year, the patient-run program benefits the hospital and shares Divya's empowering

message, "We are more than our disabilities." To learn more about participating or donating, contact

hospital Development officer Mandi Valdez at Mandi.Valdez@tsrh.org or 214-559-7616. O

> Patient and "We Are More" founder, Divya







SUMMER ALL-STARS

program is coordinated by the hospital's Therapeutic Recreation department. From May 13 to June 19, our recreational therapists teamed up with community coaches and hospital volunteers to introduce children to a variety of popular sports, including tennis, golf and martial arts. The program helps patients increase balance, flexibility and hand-eye coordination in a fun, team-focused environment. Summer All-Stars is open to patients of all abilities and skill levels, ages 6 to 14.

RITE UP 2019 ISSUE 3 11 SCOTTISHRITEHOSPITAL.ORG



Help Us Give Children Back Their Childhood by Giving Through Your IRA

Donors can experience the joy of giving and saving, while supporting the hospital's mission.

EACH YEAR AT SCOTTISH RITE HOSPITAL, WE TREAT MORE **THAN 32,000 CHILDREN** for a broad range of conditions, from scoliosis to sports injuries. Donor support makes it possible for us to develop individualized treatment plans for each of our patients and directly contributes to our mission of giving children back their childhood.

As we enter the last portion of 2019, it's an excellent time to consider ways you can support Scottish Rite Hospital, particularly those that offer a tax benefit. One meaningful giving option is making a gift from an individual retirement account (IRA).

There are two approaches to giving through an IRA. The first way is through a Qualified Charitable Distribution (QCD). If you are 70 ½ years old or older, you are required to take a minimum distribution from your IRA. That distribution is taxable unless the funds are directly allocated to a qualified 501(c)(3) charity, such as Scottish Rite Hospital.

You can give up to \$100,000 from your IRA directly to the hospital without paying income tax on the gift. To qualify for a 2019 tax benefit, the donation must be received by December 31 of this year.

Another major benefit of a QCD is creating a living legacy, so you can experience the joy of giving today. Moreover, you can fulfill any outstanding pledge to the hospital by transferring the amount from your IRA, as long as it is less than \$100,000 annually.

The second way to give through an IRA is through a Beneficiary Designation. If you assign a charitable entity, such as the hospital, as the beneficiary of your IRA, that organization receives the full amount designated. The funds are not taxed, unlike other forms of distribution.

Your donation supports world-renowned care for our patients, while also providing a tax benefit. It's a way to give that benefits patients and donors.

This information is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor if you are contemplating a charitable gift. Contact hospital Development officer Mike Stimpson at 214-559-7886 or Mike.Stimpson@tsrh.org with any questions about IRA distributions or other ways to support Scottish Rite Hospital.

Patient Overcomes Fracture with Unbreakable Spirit

A PLAYGROUND TUMBLE DURING THE LAST WEEK OF SCHOOL delayed the start of summer for 10-year-old Ethan, of Richardson, but it didn't dampen his good spirits. Ethan has an infectious smile and loves to make people laugh. His upbeat attitude stayed with him as the experts at the Fracture Clinic at Scottish Rite for Children Orthopedic and Sports Medicine Center in Frisco helped fix what was broken.

Ethan's fall resulted in fractures of the radius and ulna bones in his wrist. "Ethan was so brave throughout the entire event," his mom, Heather, says. "He managed to keep a smile on his face the entire time."

"I was impressed by how quick and relatively painless the casting process was," Heather says. Ethan watched his favorite show, entertained the staff and left the clinic wearing a bold and bright red cast. "I loved being able to show off my cool cast and it was fun having all of my friends sign it," Ethan says proudly.

The Fracture Clinic is open Monday-Friday and accepts both early morning walk-ins and appointments.

Heather was confident her son was receiving the best care available but was worried about the looming medical bills. The hospital made sure Ethan was on the road to recovery while Crayon Care, the hospital's financial assistance program, helped lessen the financial stress of treating the injury.

"There were only a few forms to complete and the entire process was very easy," Heather says of the program.

The clinic's atmosphere and caring staff put the family at ease throughout the process. "Our experience at the Fracture Clinic was beyond what I could have imagined it to be," Heather says. "It's beautiful, colorful, fun, inviting – the absolute perfect place for kids to receive care."





Financial Assistance Program Reflects Hospital's Caring Mission

SCOTTISH RITE HOSPITAL PROVIDES PREMIER HEALTH CARE SERVICES TO OUR PATIENTS

regardless of the family's ability to pay. As a reflection of our mission to give children back their childhood, we offer a financial assistance program called Crayon Care. This program helps ease the burden of medical expenses, based on a family's financial needs.

THINGS YOU SHOULD KNOW ABOUT CRAYON CARE:

- Any patient family receiving care at our Dallas or Frisco location is eligible to apply.
- The program is available to all families based on financial need.
- Families can apply even if they have insurance.
- Participating families may qualify for patient care at no charge or at a discounted rate, depending on the household's annual gross income, household size, medical expenses and ability to pay.
- It's easy to apply!

To learn more, please contact a Family Services counselor at 214-559-8630 or stop by the registration desk. You may also visit scottishritehospital.org/becoming-a-patient for a free copy of our financial assistance policy and an application. •



2222 Welborn Street Dallas, Texas 75219-3993 Nonprofit Organization U.S. Postage PAID Permit No. 4215 Dallas, Texas



JCPenney makeup artists pamper participating patients, like Maria, age 16, of Balch Springs, before the fashion show.

Shining a Light on Scottish Rite Hospital Patients

JCPENNEY RECENTLY PUT 22 SCOTTISH RITE HOSPITAL PATIENTS IN THE SPOTLIGHT at the 12^{th} annual Successful Bridges Fashion Show. The event was held at the company's corporate headquarters in Plano.

The stars of the show were patients who are part of the hospital's Successful Bridges program, which assists teens with spina bifida in "building bridges" to self-sufficiency and transitioning into adulthood. The teens brought style to the runway in JCPenney's latest back-to-school fashions.

In addition, JCPenney made a \$5,000 donation to the hospital. JCPenney knows "giving" is the best fashion statement of all! O

ABOUT TEXAS SCOTTISH RITE HOSPITAL FOR CHILDREN Texas Scottish Rite Hospital for Children is one of the such as dyslexia. Patients receive treatment

lexas Scottish Rite Hospital for Children is one of the nation's leading pediatric centers. The hospital treats a wide range of orthopedic conditions, including sports injuries and fractures, as well as certain arthritic, neurological and learning disorders, such as dyslexia. Patients receive treatment regardless of the family's ability to pay. For more information about services available at our Dallas or Frisco campus, volunteering or donating, visit scottishritehospital.org.

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