

RITE UP

A Shared Bond
Expert Hip Care
Across Generations



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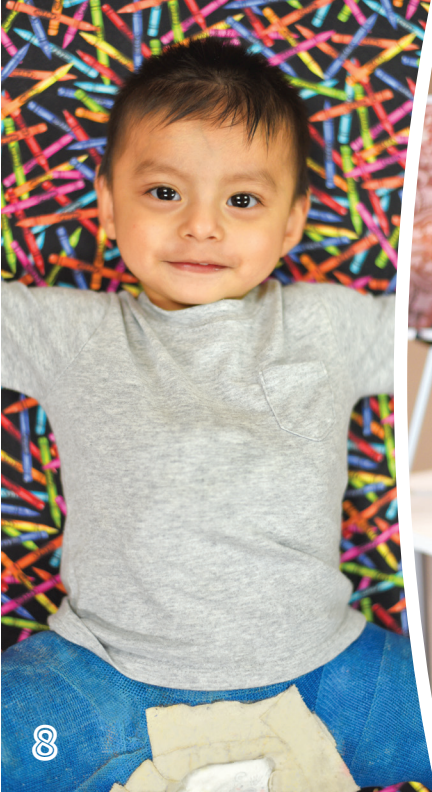
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On the cover, Patient Alonso and his mother, Cristal, a former patient; Above L to R, Alonso, of Mesquite; Sapna, of Coppell; and Austin, of Arlington

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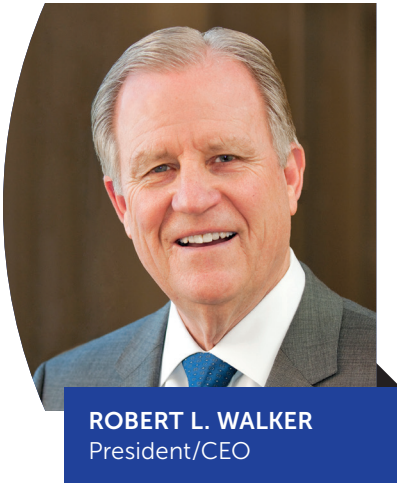
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LETTER FROM THE PRESIDENT



One hundred years ago, Texas Masons and W. B. Carrell, M.D., created a place like no other. Scottish Rite for Children's mission has never wavered, and throughout the years each staff member, volunteer, trustee, friend and donor has focused on how we can improve the lives of the children we serve locally and around the world.

A milestone year, like our centennial, brings countless moments of celebration and joy as well as a time for reflection and appreciation for where we have been. We can only imagine the obstacles facing a new hospital founded in the early 1920s in the midst of a polio epidemic. Orthopedics was in its infancy, and polio brought unprecedented challenges, experimental treatments and feelings of fear and panic into the community. Just as COVID-19 has greatly impacted our lives, polio caused devastating and momentous changes a century earlier.

Thinking about our recent experiences and considering what our predecessors must have gone through, I'm filled with pride realizing our triumphs. Led by the medical staff and clinical teams, patients continued to receive care in spite of the pandemic. Everyone did what was necessary to create a safe environment for all patients and staff.



For 100 years, Scottish Rite for Children has provided the best pediatric orthopedic care to more than 325,000 children, like Aaliyah, of Cedar Hill.

Throughout the years, we are reminded of all the tireless care given, adversities overcome and accomplishments achieved — it is a legacy of incredible magnitude. More than 325,000 children have experienced the life-changing care of Scottish Rite for Children. Our experts continue to lead the way with exceptional treatments, world-class education and groundbreaking research, impacting children around the world.

Although our centennial year is different than what we originally planned, it is clear that our one-of-a-kind institution has a commitment that has endured the test of time and will continue to do so. We are all proud of our achievements and grateful to contribute to that unshakable mission for another 100 years.

Our new facility dog, Margo, took some time from her busy day helping patients to visit staff Stacie Bukowsky and Mandi Valdez during National Hospital Week.




« The 43rd Annual Brandon Carrell Visiting Professorship welcomed two esteemed colleagues to share their expertise — **David L. Skaggs, M.D.**, co-director of the Cedars-Sinai Spine Center, director of the Pediatric Orthopaedics program and executive vice chair of the Cedars-Sinai Department of Orthopaedics, and **James J. McCarthy, M.D.**, the Alvin Crawford Chair in Pediatric Orthopaedics and professor for the Department of Orthopedic Surgery at the University of Cincinnati Children’s Hospital Medical Center.



Scottish Rite recently hosted two virtual conferences for pediatricians, family physicians and advanced practice providers — the **Pediatric Orthopedic Education Symposium** and the **Developmental-Behavioral Pediatrics: Topics for Primary Care**.

SCOTTISH RITE FOR CHILDREN PRESENTS



Pediatric Orthopedic EDUCATION SYMPOSIUM

A virtual symposium for Pediatricians, Family Physicians, and Advanced Practice Providers.



DEVELOPMENTAL-BEHAVIORAL PEDIATRICS

A virtual seminar for Pediatricians, Family Physicians and Advanced Practice Providers

SCOTTISH RITE FOR CHILDREN

CONNECTED TO THE CARE



« Scottish Rite staff welcomed hundreds of our volunteers with drive-through events in Dallas and Frisco celebrating 100 Years of Volunteers!

Left: President/CEO Robert L. "Bob" Walker and V.P. of Development and Special Events Ashley Givens with volunteers Nance Weenick and Rich Leong



Right: Bridget Braden-Howard and Tracy White from Surgical Services
Below: Nurses Jennifer Orozco and Kelsei Graham

U.S. News & World Report ranked Scottish Rite for Children, in collaboration with Children's Medical Center Dallas and UT Southwestern Medical Center, as **the No. 3 pediatric orthopedic program in the country in 2021.** In 2013 and 2014, this same group was ranked No. 1 and has continued to place in the top five each year.

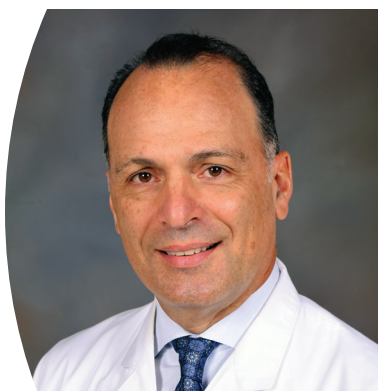


Thank you, Scottish Rite nurses!

We enjoyed celebrating and recognizing our spectacular nurses during National Nurses Week.



Zoey, of Allen



DANIEL J. SUCATO, M.D., M.S.
Chief of Staff

Innovation Guides Us Forward

Throughout our 100-year history, Scottish Rite for Children staff have always been focused on the child – making sure we provide the best and most innovative care. During this long-standing commitment, doctors, researchers and others on the care team participate in professional societies, the most notable being the Pediatric Orthopaedic Society of North America (POSNA). Including more than 1,400 surgeons, physicians and allied health professionals from around the country, POSNA is dedicated to advancing the care of children and adolescents with various orthopedic conditions through research, education and quality improvement.

This year, the annual POSNA meeting was held in Dallas, and we had the privilege of serving as the local hosts. Due to COVID-19, the conference included in-person as well as virtual options for members to tune in and learn the latest techniques in pediatric orthopedics.

Our Scottish Rite team makes a strong impact each year with staff presenting their respective projects as well as taking part in and leading panel discussions, forums, debates and courses throughout the meeting. With 15 studies selected, members from



Scottish Rite for Children medical staff enjoyed being the local host for POSNA's annual meeting held in Dallas this year. Our experts moderated subspecialty sessions and shared findings from their latest pediatric orthopedic research.

our team and fellows shared their latest research in spine, hip, sports medicine and movement science. Various Scottish Rite doctors were chosen to lead and moderate different subspecialty sessions. These programs were focused on a certain area within pediatric orthopedics and brought together medical professionals who specialize in caring for that patient population to learn the latest research, review case studies and participate in discussions with fellow experts.

The 2021 POSNA meeting was one we will always remember because we had the opportunity to host in our community. What continues to make this conference memorable is that each year our team shares their hard work on the national stage while also advancing their knowledge and learning from other specialists in the field. The most rewarding part is that we are helping to advance the care provided to children not only here at Scottish Rite but everywhere. ◀

MOMENT OF IMPACT

Seeing is Believing

Vibrant in color and life-size in stature, more than 120 3-D-printed statues, including one for Kirsten Tulchin-Francis, Ph.D., are on display in the **#IfThenSheCan – The Exhibit** at Dallas' NorthPark Center through October.

Representing influential women in science, technology, engineering and mathematics (STEM), the exhibit is the largest group of statues of women to be displayed at one time in one location.

The initiative was created by Lyda Hill Philanthropies and is founded on the belief that "If we support a woman in STEM, THEN she can change the world." Seeing women from around the country engage and excel in STEM careers aims to activate a culture shift among young women by providing them with STEM role models.

"It is a true honor to be included in this exhibit," Tulchin-Francis says. "Being able to show girls what I do and letting them take what they are learning in the classroom and see how it can be applied in real life is a victory in itself."

As Scottish Rite for Children's Division Director of Movement Science, Tulchin-Francis leads a team using motion capture cameras to help shed light on patient mobility. That information directs physicians with patient care decisions, analyzes surgical outcomes and provides data for research studies.

Through panel discussions, events and press opportunities, Tulchin-Francis and the other ambassadors encourage young women across the nation to pursue and learn more about STEM fields. <<



KIRSTEN TULCHIN-FRANCIS, PH.D.
DALLAS, TX
Biomechanist and Bioengineer
Uses motion capture technology to improve the lives of children with movement disorders and to reduce the risk of injury in young athletes.
[#IfThenSheCan](#)



T.12



Kirsten Tulchin-Francis, Ph.D., and her IF/THEN statue inspire others to study careers in science, technology, engineering and mathematics.

Two generations of patients and pediatric orthopedic surgeons — former patient Cristal, William Z. Morris, M.D., patient Alonso and John G. Birch, M.D., FRCSC, during Alonso's follow-up DDH clinic appointment.



A SHARED BOND

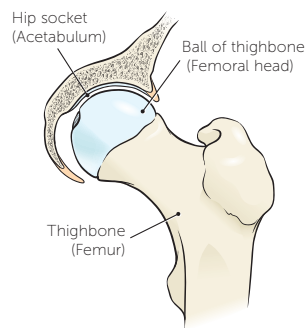
Expert Hip Care Across Generations

After a decade has passed, former patient Cristal says she felt the familiarity walking the halls of Scottish Rite for Children again. Navigating to the colorful registration desk as she had many times before, she would not be giving her name to check in this time but that of her newborn son, Alonso. "When I first came with him, it brought back memories of when I was little," Cristal says.

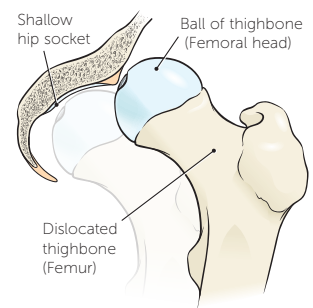
At Alonso's two-week checkup, his pediatrician found a problem with his hips. "He would open his hips a little bit on his own, but when the doctor would try to check his joints properly, he would really cry," Alonso's dad, Oscar, says. The pediatrician referred the family to Scottish Rite, and as suspected, the diagnosis was

developmental dysplasia of the hip or DDH. This hip condition occurs in one to two percent of births and is the result of the femoral head and acetabulum, or the ball and socket, of the hip joint not developing normally.

Normal Hip



Hip Dysplasia



Cristal was treated at Scottish Rite for DDH and a condition affecting her feet after she was born, requiring a few surgeries. She was a patient of former assistant chief of staff and consulting physician John G. Birch, M.D., FRCSC, until she graduated high school. "One of the special things about being a pediatric orthopedic surgeon is you establish a relationship with the family, and you watch that child grow up," Birch says.

Alonso's pediatric orthopedic surgeon, William Z. Morris, M.D., focuses on hips, lower extremity and general orthopedics at Scottish Rite and has worked with the family to reorient and repair his hips. "With DDH, the socket ends up being a little bit shallow, causing it to not cover the ball as well or as deeply as it should," Morris says. "This condition can present in babies, or in adolescents, as a slightly shallow socket all the way up to a hip that is fully dislocated."

Confirming DDH in infants takes into account many considerations, but there are risk factors parents should be aware of that increase the likelihood of DDH. Morris says what doctors look for are the four F's — female, first-born, family history and feet first or breech presentation — and extra care should be taken regarding hip development with these factors.

Environmental causes play a role in how the hips develop as well. "There's a lot of importance in how we take care of our babies' hips after they're born," Morris says. "Swaddling the legs in a forced extension can cause the hips to develop incorrectly. The ball and the socket are almost like moldable pieces of clay when you are young, so letting the hips and legs move into a flexed and separated position helps keep the ball tucked up in the socket and makes the socket deeper and the ball more round." When swaddling your baby, focus on wrapping the arms and upper torso only, allowing the hips and legs to move without constriction.

Early intervention with DDH is important. "Parents should know that DDH caught early is treated very successfully," Morris says. "And the vast majority of the time we can do so without surgery." Even severe cases, where the hip is fully dislocated, are treatable with a harness or brace more than 80% of the time.

The goal for any DDH treatment is to put the ball back into the socket deeply so the hip can develop. The most common nonsurgical treatment option for babies with DDH is the Pavlik harness — a soft, fabric brace that keeps the hips in a "frog-like" position



Left, a Pavlik harness is a soft, fabric brace that keeps the hips in a "frog-like" position that holds the ball in the hip socket.

that holds the ball in the hip socket. For patients who require surgical intervention, the child is put under anesthesia while the pediatric orthopedic surgeon manipulates the ball into the socket and then applies a cast, which acts like a permanent brace. This helps the hip joint stay in place while the surrounding tissues and ball and socket remodel. That is known as a closed reduction. If the closed procedure does not successfully put the ball into the socket, the surgeon might need to make an incision to address the obstacles preventing the ball from seating deeply in the socket. This is known as an open reduction.

Following weeks of wearing a Pavlik harness without improvement in Alonso's hips, Alonso and his family were offered surgery. In February, Alonso had a bilateral closed reduction procedure, and he was in a spica cast that holds both legs open in a butterfly position to keep the hips stable in their reduced position. Spica casts require special car seats and strollers, but Cristal says they found ways to stay mobile. "He managed to move around in the cast," she says. "He found his little ways to get to things."

Alonso stayed in the cast for 14 weeks. "We were really counting down to getting his cast off," Cristal says. "It was getting closer, and we were saying only one more week, only one more day."

In May, his cast removal appointment was exciting for several reasons. Morris invited a special guest, and

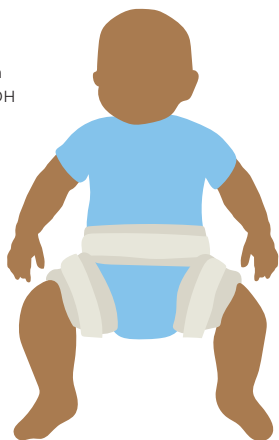
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Scan the QR code at right to hear Dr. Morris, above with Cristal and Alonso, explain more about DDH in our latest episode of *Checking In – A Scottish Rite for Children Podcast*.



A Rhino™ brace is a flexible hip abduction brace also used in DDH treatment.



A Shared Bond, cont.

it was a happy reunion when Birch, Cristal's doctor, popped in to say hello to his longtime patient and to meet her baby. When the door opened and Cristal saw a familiar face from a decade earlier, she excitedly said, "Dr. Birch!"

"It's very cool that two generations are getting cared for at Scottish Rite," Morris says. While talking together, Birch adds, "Two generations of patients and two generations of surgeons together."

Morris will continue to follow Alonso's progress throughout his growing years. His parents have a Rhino™ brace for Alonso to wear when he's sleeping and napping.

Next steps for Alonso — getting back to doing what he loves, and his parents know one activity they are sure to see. "He loves to dance," Cristal says. "He'll dance to any type of music, and even with the cast on, it didn't stop him at all."

For advice to parents just starting their journey with DDH, Cristal and Oscar have some reassurance. "Trust the doctors. They know what they are doing," Oscar says. "At the end of the day, everyone wants what is best for the child." <<



Cristal, Oscar and Alonso walking Scottish Rite halls.



Reflections of Love

"Everything I do is a reflection of my love for others and the world around me," Scottish Rite for Children patient Sapna says. "Compassion and gratitude guide my life, and while I embrace big ideas, I also lead with my heart."

Padma, Sapna's mom, encourages her daughter's creativity. "Not only is she friendly and artistic, but she is extremely hardworking and passionate in everything that she does," Padma says.

When Sapna shared with her parents that she was experiencing issues like numbness and pain in her hands, the family consulted with pediatric rheumatologist Lorien A. Nassi, M.D., at Scottish Rite for Children. After confirming juvenile rheumatoid arthritis, they got to work getting Sapna better.

"Sapna is one of those people that encompasses the best of us," Nassi says. "I have no doubt that she will make a meaningful difference in the lives of those fortunate enough to meet her."

Frequently children with arthritis present with difficulties moving their joints or with swelling. Pain

is often not their initial complaint. Parents should schedule a visit with a pediatric orthopedist if their child experiences symptoms, such as limping or problems with handwriting, fever, rashes, swollen joints or weakness and weight loss.

"After I was diagnosed with juvenile rheumatoid arthritis, I became more aware of the privilege of my hands," Sapna says. "I love to express myself through writing and art, but sometimes the pain would be so intense I felt like it was holding me back from my passions."

After finding the right treatment and support from Nassi and the Rheumatology team, Sapna has continued to show her beautiful heart and extreme talent by recently creating a children's book about the environment that she both wrote and illustrated.

"Not only did I immediately feel accepted for who I am and what was going on, but when I am with Dr. Nassi, I know that she will always take the time to listen to my concerns," Sapna says. "She treats me like a person, not just a patient." «





Scan the QR code to watch Austin and other remarkable patients' inspiring stories in "Hope and Healing After Traumatic Injury."

Laser-focused on the Future

"Baseball is just a great sport," Austin, of Arlington, says. "It can teach you a lot of things. You can be competitive — you can be anything."

Austin recently received a sport prosthesis, also called a blade, from Scottish Rite for Children, and he's putting it to good use from the pitcher's mound on his select baseball team. "When I pitch, everything just zones out, and I'm just staring at the catcher's glove," Austin says. "It just all goes away, everything but that glove."

Two years ago, while riding with a family member, Austin jumped off a riding lawn mower to retrieve something, and when he returned to jump back on, his foot was caught underneath the mower deck. The injury resulted in a below-the-knee amputation, and following his initial recovery, Austin and his family found Scottish Rite to meet his prosthetic needs.

Austin's mom, Kayla, said he experienced some ups and downs adjusting to his amputation. "He's a very outgoing and determined kid, and that's really been his saving grace — his personality and his whole mindset in general," Kayla says. "He's been able to pull through even the hard times."

The Prosthetics team at Scottish Rite works closely with Austin, listening to his input and helping him embrace his competitive spirit and intense love of sports.

After starting baseball at an early age, Austin's return to the diamond was inevitable. "He loves all sports," Kayla says. "At one point or another, he's wanted to play any sport that there is to play."



A blade or sport prosthesis — made of durable carbon fiber for high-impact activities like running, jumping and playing sports. Blades are shaped like a "C" or "J," compress under body weight and help amputee athletes rebound quicker and use less energy.

A blade prosthesis helps increase athletic capability while running, jumping and playing, and amputees expend less energy wearing a blade during high-impact activities. "My blade leg has a lot more spring, and I can run so much faster," Austin says. "It gives me the ability that makes me want to go out and do stuff."

Scottish Rite prosthetist Dwight Putnam loves to see Austin excelling at baseball. "We've been doing this a long time, and our outcomes are outstanding," Putnam says. "We identify what was driving our patients before, and sort of use that as the carrot on the stick to get them emotionally and physically inspired to go through their recovery and get back to where they were."

Austin's confidence with his blade keeps him excited about getting back in the game, and in the fall, he has plans to play on his school's football team. "I just really appreciate Scottish Rite getting Austin's input as far as asking him what he wants to do, how does this make him feel and where he sees himself," Kayla says. "They're really just talking to Austin about it and bringing him in on the conversation."

And Austin knows his team at Scottish Rite will be there whenever he needs support. "People there are amazing," he says. "If I ask them something, they'll take my advice and try to do it as much as they can." «



Austin with his everyday or walking prosthesis — a prosthetic device used for daily mobility and general activity, can be designed in a variety of skin tones, colors or designs.

BEING SAFE WITH LAWN MOWERS

Although commonly used, lawn mowers can be dangerous. Children tend to be attracted to mowers in use. Be sure to educate your child, when they reach the right age, about how to operate machinery safely. An adult should supervise until the equipment can be managed alone.

- » Keep children at a safe distance away from the mower.
- » Before operating, a child should be at least age 12 for a push mower and age 16 for a riding mower.
- » Never allow passengers to ride along.
- » Clear the ground of objects that could be picked up and thrown by the mower.
- » Do not pull the mower backward or drive in reverse.
- » Wear eye and ear protection, closed-toe shoes and close-fitting clothes.
- » Stop the engine and cool motor before refueling.

Credits: kidshealth.org; aappublications.org

TRUSTEE PROFILE

“I AM HIGHLY BLESSED, AND I NEED TO GIVE BACK.”

HERMAN “MIKE” MOTLEY
Advisory Trustee Since 2014



Herman “Mike” Motley is a very giving man, especially of his time. After spending 37 years at AT&T coordinating telecommunication infrastructure construction, he was considering retirement. Approached by Haros Brothers, a privately held and minority-led company, he was recruited to open doors for additional bids due to his vast experience. Motley gave 20 years to the company and still consults periodically, but he says he is mainly just enjoying life.

Motley manages and works on his ranch in Cross Plains, Texas, and rides his Harley-Davidson out in the country. He says he is glad to see the beautiful land that God created. Motley is thankful for all that he has, which is why he is so driven to give back to people in need. “I am highly blessed, and I need to give back,” he says. For Motley that means giving his time to his church, charitable organizations, his fellow Masons and his family.

He loves spending time with his wife of 56 years, Donna, their son and his wife, Travis and Tiffany, and their two granddaughters, Madison and Makinley. A church member for more than 20 years, Motley was elected and ordained as a deacon at Lakeshore Drive Baptist Church in Weatherford, Texas. Through his church, Motley and his wife traveled for many mission trips, but he says the most memorable remains a trip to Mount Sinai Hospital in New York following the 9/11 attacks.

Compelled to help, they were told that the best thing to do was to just listen to those injured who needed time and support processing what happened. “It felt good to help someone who had lost everything that they had,” Motley says. “They were dealing with the worst tragedy that the United States had gone through at that time.”

Part of what makes Motley so generous with his time can be attributed to his role as a Mason. “Masonry takes a good man and makes him better,” Motley says. This year, he will earn a special honor when he becomes a 50-year Mason. He is a charter member and past president of the Brazos Valley Scottish Rite Club and a charter and endowed member of the Fort Worth Scottish Rite Bodies, where he serves as a master of the 11th degree. Motley received his honorary 33rd degree of Scottish Rite of Freemasonry in 2004.

Motley also gives his time to Scottish Rite for Children, where he has served on the board of trustees since 2014. In Fort Worth in the 1950s, his brother was treated for polio, and he witnessed the challenges his brother and family endured. Motley recalls his brother’s tears when touring Scottish Rite together brought back his brother’s memories of his time in a polio ward.

“It makes me feel so good to know that I’m helping to make someone’s life better, even the small part that I play,” he says. “I’m very fortunate to be associated with Scottish Rite.” ‹‹

DONOR SPOTLIGHT



Above, Door Control staff member and patient parent Darrell Neal in 2009 with V.P. of Development Stephanie Brigger; top right, Door Control staff members Matt and Laura Gilchrist presenting 2021 proceeds to Development staff Betsy Yeckel, Burrell Poston and Stephanie Brigger; right, holiday gift delivery to Scottish Rite patients in 2019



A Passion for the Organization

Door Control Services and Door Controls USA keep Scottish Rite top-of-mind with their employees. For the past 13 years, founder Don Gilchrist and the company's employees have selected Scottish Rite as the beneficiary of their annual golf tournament. This year Door Control's cumulative proceeds total more than \$320,000!

"I've always had a passion for the organization," Gilchrist says. A family member of Gilchrist's was treated at Scottish Rite, and when he recommended the institution as the company's beneficiary, to his surprise, many employees already knew of the mission and some had even benefited from the organization's exceptional care.

Door Control Services employee Darrell Neal's son was treated for a hand condition. "I honestly can't say

enough about the staff and treatment that my son received," Neal says. Another employee Lennie Hale was a patient at Scottish Rite more than 20 years ago. He remembers looking forward to seeing his doctors and nurses that he said he grew to love like family. "There isn't any other place on earth that provides the care and love that Scottish Rite does," Hale says. "I can't thank everyone enough for the love and care that I received." Thank you Door Control Services and Door Controls USA for your partnership and support! «



THE BOUNDLESS CENTENNIAL CAMPAIGN IS STILL GOING!

Our staff gives not only their time but also their financial support to help our patients get back to doing what they love. The *Boundless* staff giving campaign raised \$1.64 million for Scottish Rite, and there's still time for you to make a life-changing gift!

Occupational therapist Courtney Warren, P.T., D.P.T., helps Krew, of Valley View, walk with his prosthesis.





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Follow us on social media and check
scottishriteforchildren.org for updates about
upcoming events celebrating our centennial!



AND MORE TO COME!

ABOUT SCOTTISH RITE FOR CHILDREN

Scottish Rite for Children is a world-renowned leader in the treatment of orthopedic conditions such as scoliosis, clubfoot, hand differences, hip disorders, sports injuries and fractures, as well as certain related **arthritic** and neurological disorders and learning disorders, such as **dyslexia**. Patients receive treatment regardless of the family's ability to pay.

For more information about services available at the Dallas or Frisco campuses, visit scottishriteforchildren.org.

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