

READY TO CONNECT? HERE'S HOW.

1. Complete a Release of Information form.
2. Your Family Resource Center Coordinator shares the contact details — caregiver's name and phone number — of both the mentor family and the family seeking support.
3. Families can connect by phone, text, video chat or meet face-to-face.

For more information or to get started, contact:

Mary Anne Fernandez, M.L.S.
Family Resource Center Coordinator
214-559-7573
maryanne.fernandez@tsrh.org



Viona and Bailey

Scottish Rite for Children is a world-renowned leader in the treatment of pediatric orthopedic conditions, such as scoliosis and spinal disorders, sports injuries and fractures, hip disorders, hand and upper extremity conditions, clubfoot and foot disorders, limb lengthening and reconstruction, as well as certain related arthritic and neurological disorders and learning disorders, such as dyslexia. Patients receive treatment regardless of the family's ability to pay. For more information about services available at the Dallas or Frisco campuses, volunteering or donating, visit scottishriteforchildren.org.



Cover photo: Brock and Alex

SCOTTISH RITE



2222 Welborn Street | Dallas, Texas 75219

**CHRISTI CARTER URSCHER FAMILY
RESOURCE CENTER**

Clinic Level

Monday - Friday

8:00 a.m. - 4:30 p.m.

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PEER SUPPORT

Better Together



SCOTTISH RITE



scoliosis & spine | clubfoot & foot disorders | hand conditions
hip disorders | limb lengthening | orthotics & prosthetics

WHAT IS PEER SUPPORT?

Peer support connects Scottish Rite for Children families whose children share similar experiences. This can include families whose children:

- Have the same diagnosis or experience
- Are preparing for or recovering from a specific surgery
- Are following the same treatment plan

Peer support allows families to share tips and offer encouragement.

Scan the QR code to learn more about peer support at Scottish Rite.



HOW DO I GET STARTED WITH PEER SUPPORT?

Families who want to receive or provide support can ask their clinic staff or contact the Family Resource Center Coordinator. Clinic staff may also recommend families for peer support.

The next step is to complete and sign the Release of Information form. After the family completes the form, clinic staff does their best to locate a peer family. The Family Resource Center Coordinator follows up to connect families.



Asiya and Cadence

WHAT ARE THE GUIDELINES FOR PROVIDING OR RECEIVING PEER SUPPORT?

- Each family chooses if they want to share their child's name and contact information with the peer family.
- Scottish Rite staff will never share this information for patients under age 18.
- Families may choose to connect virtually or in person.
- If meeting in person, meetings should take place in public places such as:
 - Coffee shops
 - Restaurants
 - Parks
 - At the hospital by coordinating appointments
- Meetings should never take place in each other's homes.



Parker and Xander

